

# HUMAN TRAFFICKING

January is Human Trafficking Awareness Month, We will present two guest speakers, with knowledge of this pervasive problem.



**Detective Nick Carlquist** of the South Lake Tahoe Police Department, and **Judy Tomkiewicz**, representing Courage House, a rescue home for minor girls.



They are both very knowledgeable on the subject and will discuss issues related to the topic of human trafficking that has become a focal point in the media and has become a growing issue in our community, country, and state. The “true” picture of human trafficking will be discussed - myths and misconceptions - as well as what is being done to control and tackle this issue. How are we as a society helping the victims and what can we, the general public, do to assist in the public awareness of the problem of human trafficking?

**Come and meet these two speakers who are passionate about their roles in the curbing of this issue.**

**January 16, 2015 at 9:30am**

**Social hour at 9:30, Business meeting at 10:00 followed by our program - ending at 11:30am**

**PEACE LUTHERAN CHURCH, 828 West Main Street, Grass Valley**

**Inside This Issue**

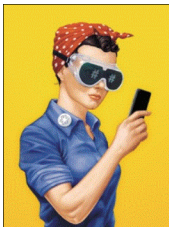
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**Nevada County Elected Branch Officers, 2015-2016**

President .....	Laurie Aire
President Elect .....	Unfilled
Membership Co-VPs.....	Joyce Rasmussen & Sue Miller
Program Co-VPs.....	Stephanie Facchini & Penny Savelly
AAUW Funds Co-Vice Presidents, EOF.....	Jo Ann Schilling & Melanie Heckel
AAUW Funds Vice President LAF.....	Stephanie Norton
Secretary.....	Susan Frater
Finance.....	Shirley Zeff

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**Copy Deadline** ..... **15th day of the month before publication**  
**To contact this Branch.....** 530-470-9395

## President's Message - Laurie Alire



Welcome, 2016!

A new year always gives me a jolt. What happened in 2015 that represents positive action? And, what is coming down the pike for 2016. Sometimes, the positive action in AAUW is behind the scenes and not visible to all members. The Strategic Plan is one such effort that is almost complete. At the January meeting, you will be asked to approve this year's plan to strengthen our visibility in the community and to recruit and retain new members. Heaps of thank you's to Virginia Horowitz who spent many hours guiding us through the planning process which is rigorous and demanding.

If you have been reading The Union or Yuba Net, you may have seen articles about multiple efforts in our community to strengthen STEM aspirations in young women. From the Rotary Club to Sierra Commons, groups are focusing on women (it's about time!) and our Tech Trek committee is plugging to them so that AAUW-NC can coordinate with them and offer assistance where it makes sense.

New ideas bubbled to the top last year and will become reality in 2016. Long-time member Pat Pedersen proposed a new Interest Group called the Compassionate Care Committee. The basic idea is to support each other in times of need. Whether a member needs rides to doctor's appointments, hot meals a couple of times a week, or their pillows fluffed, the 3 C's will coordinate that help through a single source. If you are interested in helping out, contact Pat (see your Directory) to become a helper. The concept is "we care".

For 2016, let's resolve to get more involved in AAUW-NC. Even if it is only an hour a month, every effort is valuable and appreciated.

## Board Highlights - Susan Frater, Secretary



December 11 Board Meeting Summary,

Our meeting this month was festive and productive! The consensus is that we need to expand involvement of the membership for planning the "Unique Women" fundraiser, so please consider helping out.

We have formally adopted the first 2015-2016 Strategic Plan goal, which is to increase visibility and enhance our public image; there will be one more meeting concerning our goal to increase membership and involvement. Details of both will be presented at the January meeting, and a signup list for specific help needed to implement our plan will be available.

AAUW has gained 12 members so far since Fall; read the Lodestone to get acquainted with them as they join.

The Tech Trek program will be extending support to several community STEM programs which have begun, including the Nevada Union High School club and the Girls Who Code club sponsored by Rotary at Bitney High School. Our branch is more widely involved with the Tech Trek program than others, and the girls we choose benefit from that!

Hope your holidays are happy ones!



## EDUCATIONAL OPPORTUNITY FUND NEWS – January 2016

By Melanie Heckel

Happy New Year to AAUW Nevada County Branch members. You should be proud of all you do, and all we do as an organization to improve the lives of women and girls. I am particularly proud of the educational opportunities we provide at so many levels. There is Tech Trek for 8<sup>th</sup> grade girls, Local Scholarships providing college scholarships to local high school girls and Sierra College students, and the Educational Opportunity Fund (EOF) that provides fellowships and grants to women doing post graduate work. Talk about covering a broad span of opportunities that will help women succeed in their education, their careers and their lives!

As Co-Vice President of EOF, along with Jo Ann Schilling, I want to tell you how we did in 2015. Thanks to your efforts, we were able to send a Branch contribution to National of \$3700 plus \$1000 in donations from Branch members. Since we completed our Diamond Jubilee Fund in early 2014, we decided to credit the \$4700 raised in Nevada County to the unfinished Sacramento Branch 100<sup>th</sup> Anniversary Endowment. As of October, that endowment was about 1/3 completed with nearly \$50,000 still outstanding. Our contribution will make a significant difference to Sacramento as they seek to finish their endowment. What can you do to help provide advanced education to women through EOF? Please use your Save Mart and SPD cards (which raised at least \$1377 in 2015), volunteer to help with our next Unique Women Event (which raised \$1307 for EOF this year), or donate directly to EOF. Thank you all for your efforts!

## LEGAL ADVOCACY FUND NEWS - Stephanie Norton, LAF



Women continue to fight for Pay Equity. Here is one of the latest cases in our own state of California. Pay equity is a matter of simple fairness. Yet in 2014, women who worked full time were paid on average just 79 cents for every dollar paid to men. *Rizo v. Fresno County Office of Education* highlights a significant underlying factor that contributes to the wage gap: employers' practice of relying on an employee's prior salary history to set new salary levels. AAUW is proud to support the case through our Legal Advocacy Fund.

**The Story Behind the *Rizo* Case** [Aileen Rizo](#) works as a math consultant for the Fresno County Office of Education (FCOE) in Fresno, California, training instructors in new ways of teaching math. Rizo was hired by the FCOE in 2009 after earning a master's degree and teaching for 13 years.

In 2012, Rizo says, a male colleague who had recently been hired mentioned that he had been placed at step nine on the county's 10-step pay scale. Rizo was shocked — she had been placed at step one on the scale when she began her job, even though she had more experience and seniority than her male colleague. Rizo says that after filing an internal complaint, she was told that the FCOE based new employees' salaries on just one factor: the employee's prior salary history. Based on the county's policy, it seemed that Rizo's less-experienced colleague was given a higher salary only because he had been paid more at his previous job than she had been paid at her previous job. Rizo eventually filed suit under the [Equal Pay Act](#) and California sex status discrimination statutes. The case was filed in California state court in 2014.

Why *Rizo* Matters

Basing pay on salary history is one factor that can [perpetuate](#) the wage gap, precisely because women are generally paid less than men. AAUW Members and Supporters Make it Possible

The [AAUW Legal Advocacy Fund](#) has been crucial to the success of many gender discrimination cases during its 33-year history. The funds to support cases such as this come directly from the generous contributions of AAUW members. **By:** [Mollie Lam](#), AAUW Legal Advocacy Fund

tech  
trek

## Latest Tech Trek News - By Martha Rees



Happy New Year!! Things are moving along swiftly for Tech Trek. We held our first Nevada County Tech Trek committee meeting and put together a tentative schedule ... with nomination/application materials going to 7th grade science, math, and technology teachers in the Western Nevada County public middle schools and public charters upon their return from winter break. We plan to interview all the nominees by mid-March, with the final selection by April 1st. The date for our annual Tech Trek Recognition Event is May 4th.

More news: Carolyn Feuille is leading a Tech Trek sub-committee with Bernie Kringel and Diana Carolan to explore STEM-related career day or other event/program possibilities for high school girls – first step is finding out what already exists. To that end, AAUW members are participating in a meeting facilitated by Hilary Hodge, Serra Commons Executive Director and AAUW member, to bring together various clubs and organizations also involved in STEM-related activities, such as Girls Who Code Club. We'll report more next month.

Also, as noted earlier, the California camps are now officially part of the rest of the Tech Trek programs in other states under that AAUW National Organization umbrella. So, for anyone wishing to contribute to our Nevada County Tech Trek program, checks should be made out to "AAUW" not "AAUW SPF." If anyone has questions, ideas, or would like to be part of the Tech Trek Committee or the actual Tech Trek Camp at UC Davis, please email [mjkrees@yahoo.com](mailto:mjkrees@yahoo.com).



## Local Scholarship News - Deborah Cubberley & Betty Comegys - Co-Chairs



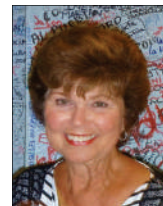
Very soon we will be determining how many scholarships we are able to award. We're hoping to be able to match last year's number; however, at the same time we must be aware that it is important to try to grow the capital in our trust so that future scholarships are funded without constant fund raising. Please consider helping our local girls reach for the stars.

Remember, as a personal thank you, those submitting a gift of \$100 or more before the end of the year will be invited to attend a hosted lunch. Please write your check to "AAUW NC Charitable Trust Local Scholarship Fund" and give it to me or Ann Shulse or mail to Ann at 12396 Starwood Lane, Nevada City, CA 95959.

In anticipation of your generosity, thank you.

## SPONSOR SPOTLIGHT from Bernadette Sylvester

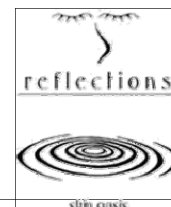
Thank you **MOVE! FITNESS STUDIO**-Wendy and Marilyn-for being an AAUW Financial Underwriter. Have fun exercising at **MOVE! Fitness Studio** in a beautiful, clean and brightly colored studio, designed like an adult playground. It's your community place for Health and Wellness with over 20 years of experience. Wendy and Marilyn will make sure you enjoy your workout whether you are training privately with one of them or getting your sweat on in their high spirited, small group classes. The "active" Baby Boomers are their specialty, keeping their clients safe in a playful atmosphere. You can check out their website at [www.movetobefit.com](http://www.movetobefit.com), call 530-913-4374, or drop in to pay a visit at 133 B Argall Way, Nevada City. **A great place for your New Year's resolutions!**



Ann Shulse and John working out at MOVE! Fitness Studio

AAUW would also like to thank Margie Carr, Owner of **REFLECTIONS SKIN OASIS** for generously including us in her *12 days of Giving* promotion on December 22, 2015. Her donation of 10% of sales made that day is **MOST APPRECIATED**. Thank you Margie!

**Reflections Skin Oasis** is located at 138 Colfax Ave. Suite 2,  
Grass Valley, 530-274-9053  
[www.reflectionsskinoasis.com](http://www.reflectionsskinoasis.com)



## UPCOMING PROGRAMS

Stephanie Facchini & Penny Savelly, Co-VPs, Programs

- |             |  |
|-------------|--|
| January 16  | Insight to "Human Trafficking" 9:30 am<br>Peace Lutheran Church  |
| February 20 | STEM Panel 9:30 am Peace Lutheran Church<br>Panel of "experts" in the field of STEM, including current education of our children in the field of science, technology, engineering and math |

## DID YOU KNOW:

### **ACTIVIST ALICE PAUL proposes the Equal Rights Amendment for the 1st time in 1923**

For almost 50 years women's rights advocates like Alice Paul tried to get congress to approve the amendment; finally, in 1972, they succeeded. Congress sent the proposed amendment - "Equity under the law shall not be denied or abridged by the United States or any State on the account of sex" - to the states for ratification. Twenty two of the 38 required states ratified it right away, but then conservative activists mobilized against it. (The ERA's straightforward language hid all kinds of sinister threats, they claimed; it would force wives to support their husbands, send women into combat, and validate gay marriages) This anti-ratification was a success: in 1977 Indiana became the 35th and last state to ratify the ERA. In June 1982 the ratification deadline expired. The amendment has never been passed.

From [www.history.com/topics/womens-history/famous-firsts-in-womens-history](http://www.history.com/topics/womens-history/famous-firsts-in-womens-history)



**MANY THANKS TO OUR 2015/2016**  
**AAUW FINANCIAL UNDERWRITERS**  
**THANK OUR SPONSORS AND TELL THEM WE APPRECIATE THEIR SUP-  
PORT**

**DIGNITY HEALTH - SIERRA NEVADA MEMORIAL HOSPITAL**

**JAZZERCISE**

**KNCO NEWS TALK 830**

**MILL STREET CLOTHING CO., LISA SWARTHOUT**

**MOVE! FITNESS STUDIO**

**REFLECTIONS SKIN OASIS, MARGIE CARR**

**SIERRA VIEW MEDICAL EYE INC., DR. KEITH MERCER**

**SPD – NEVADA CITY & GRASS VALLEY**

**THE UNION**

**WESTAMERICA BANK - GRASS VALLEY & PENN VALLEY**

**JENNIFER L. WILKERSON, ATTORNEY AT LAW**

**THE WOODEN SPOON**

Visit [www.nevadacounty-ca.aauw.net](http://www.nevadacounty-ca.aauw.net) AND **CLICK ON SPONSORS** for details  
about our **FINANCIAL UNDERWRITERS**

**SPECIAL THANKS TO**  
**BRUNSWICK VILLAGE ASSISTED LIVING COMMUNITY** for use of their  
meeting room  
**ASTRID PRYOR, CFP, FOOTHILL SECURITIES** for her financial advice to the  
AAUW Nevada County Branch Charitable Trust

**Please see previous page for this month's featured advertiser.**



# IBC AAUW Funds Luncheon



Please join us for the Capital Cities IBC AAUW Funds luncheon. We have invited two STEM speakers from CSU Sacramento and the University of CA at Davis to provide information on their scholarship or research assisted by AAUW scholarships or grants. More information on the speakers to follow.

**JANUARY 23, 2016 – 11:30 am**

**PLATES CAFÉ-14 Business Park Way Bldg 149, Sacramento**

**Please indicate your choice of entrée and include your check payable to Capital Cities IBC.**

\*\*\*\*\*

Entree choices:

1. **Chicken breast roulades with Asiago cheese and herb stuffing on mashed potatoes, roasted seasonal vegetables, arugula with pear and goat cheese, balsamic dressing**
2. **Tuscan bowtie pasta with pine nuts and mushroom in a garlic wine sauce, roasted seasonal vegetables, arugula salad with pear, goat cheese & basalmic dressing**
3. **Classic chicken Caesar salad with creamy anchovy dressing.**
4. **Dessert - Chocolate tuxedo truffle torte**  
Rolls, coffee, ice tea and lemonade included with meal.

**Cost: \$28.00 per person which includes tax and tip.**  
**Reservations Required by January 15<sup>th</sup>, 2016.**

**Mail your check to Shirley Zeff, P.O. Bx. 820 Chicago Park, CA. 95712**



Name(s) \_\_\_\_\_

BRANCH \_\_\_\_\_ ENTRE CHOICE(S) #: \_\_\_\_\_

CONTACT PHONE #: \_\_\_\_\_

FOR QUESTIONS: SHIRLEY ZEFF, 530-273-3010, [scookuie@aol.com](mailto:scookuie@aol.com)



## MEMBERSHIP

Joyce Rasmussen &  
Sue Miller  
Membership co-VPs

Please welcome our new dual member who has just moved here from Arizona.

**PERKINS, BARBARA** 831 251  
1264543 Broad St., NC, 95949,  
[bperk6564@gmail.com](mailto:bperk6564@gmail.com).

BS Nursing 1989 CA State Univ. Stanislaus  
Barbara has been a school nurse. She is interested in Arts & Crafts, Book Discussions, Movies, Gadabouts, Great Decisions and the Walking Group. Fundraising, Hospitality, Local Scholarships and Membership are her skills to help the branch.



### Message from Linda D. Hallman, CAE AAUW Chief Executive Officer

With 2015 coming to a close, I want to take a moment to look back on everything we accomplished together for women and girls this year — and look ahead at all we hope to do in 2016.

From launching the first citywide AAUW Work Smart program to expanding our national science, technology, engineering, and math (STEM) programs for middle schoolers to include the wonderful California Tech Trek camps, AAUW has made great strides toward empowering women and girls in 2015 — and **the credit belongs to you!**

You can continue AAUW's crucial work to empower women and girls. Just look at what your support has helped us accomplish together this past year:

- **We awarded more than \$3.7 million in fellowships and grants** to 241 women during the 2015–16 academic year.
- **We tackled the gender pay gap on a bigger scale than ever before with the AAUW Work Smart salary negotiation program in Boston**, which will train more than 85,000 women in that city by 2020.
- **We fought to keep girls safe in classrooms and on campus** by pushing for enforceable regulations to support the Campus SaVE Act.

**We continued to bring women and girls into STEM fields** through our AAUW National Tech Trek and Tech Savvy programs and our acclaimed research report *Solving the Equation: The Variables for Women's Success in Engineering and Computing*.

I'm truly proud of everything we accomplished together in 2015. With your ongoing support, we'll be in a strong position in 2016 to continue making America's classrooms and workplaces fair for all women and girls. **Please help empower even more women in 2016 by making a generous, tax-deductible gift to AAUW today.**

## LOCAL INTEREST ITEMS -

Nancy Knaus, Chair



**GREAT DECISIONS:** a stimulating discussion group on world affairs and public policy, based on materials from the Foreign Policy Association. The group meets on the 2nd and 4th Tuesday for 4 months only, February, March, April and May at the Peace Lutheran Church in Grass Valley, beginning at 9:30 AM and end around 11:00 to 11:30. At each meeting, a volunteer or two introduce the topic, based on the reading material, and lead the lively discussion. Usually we leave feeling smarter!! The cost is \$35 which includes the room rental and the cost of the workbook and DVD. Coordinator Susie Monary-Wilson reports that there are a few seats still available at the table. Contact Susie to become a member of the group. She has ordered the books, DVD and as something new this year, a teacher's guide which should be helpful to the facilitators. Books will be sent around the beginning of January; Susie will bring them to the General Meeting on Saturday, January 16, or you can arrange a convenient "drop" for the materials.


The schedule is as follows: *Middle East*, Feb 9; *The Rise of ISIS*, Feb 23; *The Future of Kurdistan*, March 9; *Migration*, March 22; *The Koreas*, April 12; *The United Nations*, April 26; *Climate Change*, May 10; *Cuba and the U.S.*, May 24. If you see a topic that you'd like to facilitate, please let Susie know.

**Gadabouts:** In January, Gadabouts will attend the Sean Chen piano concert sponsored by InConcert Sierra. The event will take place on Sunday, January 17th at 2:00 p.m. The venue is the Seventh-Day Adventist Church in Grass Valley. Sally Smith is the coordinator for the afternoon and welcomes suggestions as to where to have lunch before the concert. Tickets are available online from InConcert Sierra for \$32 which includes a \$3 ticketing fee. They are also available from Briar-Patch. Contact Sally for further details.





# JANUARY 2016

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Easy Walkers ~~~~ Garden Group	5	6 AAUW Walkers	7 ArtsCrafts	8 Board Meeting	9 World Cuisine
10	11	12	13	14 Book Discussions	15	16 General Meeting
17 GadAbouts	18	19 Non-Fiction REaders	20	21	22	23
24 ----- 31	25	26	27	28	29	30

**INTEREST GROUP SECTION:** Nancy Knaus is the interest group coordinator. Please get your info to her by the : 8<sup>th</sup> of each month. Please note that we do not put addresses, phone #s, or email in the Lodestone

**AAUWalkers:** 1<sup>st</sup> Wed.: Jan. 6. With an eye on weather, conditions, we will either snow-shoe, or do our walk at our lower elevations. Members will be contacted. Check with Karen Schwartz for updates.

**Arts & Crafts:** 1<sup>st</sup> Thursday: January 7, 10:00 am. at Stephanie Norton's home to create an Infinity Scarf with instruction from Teri McConnell. RSVP to Stephanie by Monday, Jan. 4 for LWW gate entry.

**Book Discussion,** Mostly fiction: 2<sup>nd</sup> Thursday, January 14. We will discuss *Boys in the Boat*, by Daniel James Brown, facilitated by Carolyn Woods, with Deb Cubberley hostess. Respond to Deb.

**Gadabouts:** January 17, 2:00 pm, Gadabouts will attend the Sean Chen piano concert sponsored by InConcert Sierra. See article previous page.

**Gardening:** Usually the 4<sup>th</sup> Thursday of the month. Teri says, "see you in February!"

**Gourmet Adventures:** 2<sup>nd</sup> Saturday alternate months: Save the Date! We meet next February 13 for a mid-winter Valentines Brunch. BJ Comegys is hostess, co-hostess Barbara Schuler. Details coming.

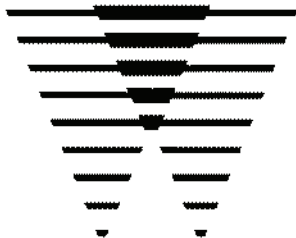
**Great Decisions:** Discussions resume in February. Susie Mornay-Wilson reports there are a few more seats at the discussion table. See previous article for details.

**Movie Fans:** Join the AAUW movie buffs to see the top films of the season. We often have a wide-ranging discussion at a coffee shop following the film. Contact Nancy Knaus or Laurie Alire.

**Non-fiction readers:** 3<sup>rd</sup> Tuesday,, Jan. 19, 1 pm. Location to be announced. The book: "*Notorious RBG: The Life and Times of Ruth Bader Ginsburg*" by Irin Carmon and Shana Knizhnik. Members will be contacted with details.

**Easy Walking:** Every Monday morning at the fairgrounds. Shera Banbury reports that the crisp winter morning are great for walking! She welcomes companions. Contact Shera for detailed location information.

**World Cuisine:** 2<sup>nd</sup> Saturday, alternating months. We meet next on January 9th at Shirley Belleville's house to explore East Indian foods. Details will be provided. Contact Ann Shulse to join in this dynamic dining group.



AAUW Nevada Co. Branch  
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Grass Valley, CA, 95945  
530/470-9395

Web: [www.nevadacounty-ca.aauw.net](http://www.nevadacounty-ca.aauw.net)  
Email: [contactinfo@aauwnevadacounty.org](mailto:contactinfo@aauwnevadacounty.org)  
Blog: [contactinfo1.aauw@blogger.com](http://contactinfo1.aauw@blogger.com)

- AAUW advances equity for women and girls through advocacy, education, philanthropy and research. AAUW values and seeks a diverse membership.
- There shall be no barriers to full participation in this organization on the basis of gender, race, creed, age, sexual orientation, national origin, disability or class.
- By joining AAUW we belong to a community that breaks through educational and economic barriers so that all women have a fair chance.

**YOUR GIFT TO OUR SCHOLARSHIP AND FELLOWSHIP PROGRAMS ENABLES WOMEN TO BROADEN THEIR HORIZONS THROUGH EDUCATION**

Donor's Name \_\_\_\_\_

Address \_\_\_\_\_

(Optional) In memory/honor of (circle one) \_\_\_\_\_

Amount \_\_\_\_\_

**Local Scholarships**

\_\_\_\_ Tech Trek (8th grade) —summer science and math program. Please make check payable to AAUW CA SPF, note Tech Trek on memo line and mail to Martha Rees

\_\_\_\_ Local Scholarship Fund —high sch. graduate, re-entry, & Sierra Col. scholarships. Make check payable to AAUW Nev. Co. Charitable Trust Local Scholarship Fund & mail to Ann Shulse.

**National Programs**—Please make your check payable to AAUW Fund & note EOF or LAF on check.

\_\_\_\_ Educational Opportunity Funds (EO|F) #4314 — fellowships and grants for advanced education and degrees.

\_\_\_\_ Legal Advocacy Fund (LAF) # 3999— seeks *amicus curiae* opportunities in cases of discrimination that disadvantage women in the workplace.

**Branch Programs**—Please make your check payable to AAUW Nevada County Branch

\_\_\_\_ Angel Fund — dues assistance for members in need. (Please write “Angel Fund” on your check)

\_\_\_\_ Local Branch Operations—helps fund our local activities (Please write “Branch Operations” on ck)

**Please write separate checks if you are donating to more than one Program.**