

AAUW BRANCH MEETING
SATURDAY FEBRUARY 16 9:30 AM
Peace Lutheran Church
828 West Main, Grass Valley



By Fran Erickson, Co-VP Programs

I am very excited and pleased to announce that our February speaker will be Patt Lind-Kyle. She will be speaking on the topic, "Aging Wisely", something that is relevant to all of us, regardless of age. Aging wisely is more than growing old. Being wise is embodying compassion, insight and the cultivation of a more spiritual life. Areas of discussion will include the body, the mind, and the importance of the practice of "life review".



Learning to age wisely is needed in our society at this time of cultural conflict and uncertainty. In every culture elders have provided the guidance to the young and to the cultural and political leaders to maintain the values and spiritual understanding that keeps a society in balance. The challenge of our society today is that we have no script to guide our aging process, let alone gain true inner wisdom. Patt will provide the opportunity for questions and discussion of this timely topic.

Patt is a woman of many talents. She has authored three books as well as an article included in the anthology, *Audacious Aging*. Her three books are: *When Sleeping Beauty Wakes Up: A Woman's Tale of Healing the Immune System and Awakening the Feminine*; *Heal Your Mind, Rewire Your Brain*; and her most recent book, *Embracing the End of Life: A Journey into Dying and Awakening*.

She was awarded the 2018 Independent Publisher Award, a gold medal in the Mind-Body-Spirit Category, for her latest book, as well as for her previous book, *Heal Your Mind, Rewire Your Brain*.

She has a Bachelor's Degree in Biology from USC and a Master's Degree from the California Institute of Integral Studies in East/West Psychology. She has taught at the University of Hawaii, Foothill College, San Jose State University, and the University of California, San Francisco. As well as teaching Patt has worked as a consultant, speaker and workshop leader.

The challenge of our society today is that we have no script to guide our aging process, let alone gain true inner wisdom.

President's Letter

By Virginia Horowitz, President



AAUW's Top Research Reports of 2018

I find that exploring the National AAUW website (<https://www.aauw.org>) is always very informative. This month's web update included information on three recent research reports that were partially funded by member dues from the many local Branches, including ours. National's research is on a scale that a local Branch could not conduct, and is always broad, rigorous, and well reported.

Why does AAUW conduct and report research? AAUW report findings are created to inform opinion leaders, policy makers, and the general public, and to allow AAUW (that's us) to be part of the national conversation. That's important. Topics such as the pay gap and women's economic security, sexual harassment, and other biases against women in the workplace have been thoroughly researched, and the results published and shared locally and nationally.

- Closing the pay gap would cut the poverty rate for working women in half and lift 2.5 million children out of poverty.
- When women enter a previously male-dominated profession, average wages for the occupation decrease, even for men in the field.

In October, AAUW released the latest edition of their hallmark report, *The Simple Truth About the Gender Pay Gap*, which found women are still paid only 80%, on average, of men. The gaps are even larger for women of color, with black women receiving just 61 cents on the dollar and Latinas 53 cents on the dollar compared to white men. That is a remarkable and alarming finding. Working women

collectively lose more than \$500 billion a year due to the gender pay gap, with the biggest collective gaps in occupations such as financial managers (\$19.6 billion), and physicians (\$19.5 billion).

The pay gap hurts women in retirement: They receive less in Social Security and pensions. White men over 65 have an average annual income of \$44,200, while white women over 65 must get by on \$23,100, black women on \$21,900, and Latinas on \$14,800. **THIS IS SHOCKING AND HAS IMPLICATIONS FOR SO MANY RETIRED WOMEN WHO LIVE IN POVERTY AFTER A LIFETIME OF WORK OUTSIDE THEIR HOMES.**

AAUW National reports that there are some hopeful signs on the horizon. While our organization continues to push for uniform federal updates to our equal pay laws, some 40 states have considered pay equity bills in the past year alone. And more than 20 states and jurisdictions have enacted bans prohibiting employers from asking job candidates about their salary history — a practice that can perpetuate the gender pay gap. (This was the result of a California case and has now been appealed by the school district that lost the case. Stay tuned for the results of that appeal.) Corporate cultures are starting to change, too, as more companies conduct pay audits to discern salary inequities and abandon policies that penalized workers for discussing salary information.

If you don't regularly visit the AAUW National website, I urge you to begin to do so. It is one way to stay informed about the many aspects of our organization that place us in the forefront of national action and research. The URL for that website is (<https://www.aauw.org>)

Table of Contents

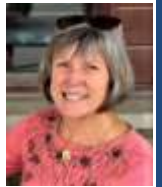
February Meeting	1	Local Scholarships	5
President's Letter	2	Not Enough Words	6,7
AAUW NC Branch Officers	3	Calling All New Members	7
January Board Highlights	4	NC Branch Public Policy	8
January Financial Report	4	Interest Groups	9
Branch Meeting Schedule	4	Calendar	10
Tech Trek Update	5	Underwriters	11

AAUW Nevada County Branch Officers

<u>Elected Officers</u>	President	Virginia Horowitz
	President Elect	Bup Greenwood
	Program VPs	Fran Erickson and JoAnn Schilling
	Finance Officer	Shirley Zeff
	Secretary	Susie Monary-Wilson
	Membership	Deb Cubberley
<u>Appointed Officers</u>	AAUW Funds	Melanie Heckel
	Communications	Laurie Alire
	Tech Trek	Martha Rees
	Interest Groups	Stephanie Norton
	Local Scholarship	Susan Fivelstad
	Public Policy	Carolyn Feuille
	Publicity & Web	Martha Rees and Laurie Alire
	Ways & Means	Ann Shulse
Parliamentarian	Cece Royal	

January Board Highlights

By Susie Monary-Wilson



Laurie Aire updated us on her work to improve and modernize our AAUW website to be more accessible and user-friendly. Ann Shulse continued her process of reviewing and improving our Governance Handbook and Standing Rules. Great work from Laurie and Ann!

Board meetings are usually held monthly on the Wednesday prior to the Saturday general meeting, September through May, from 1 to 3 PM at Brunswick Village. All members are welcome!

Financial Report

By Shirley Zeff, Financial Officer



Branch Finances (As of 12/31/18)

Checking Balance:	28,323.48	Total Restricted Funds:	
Savings Balance:	7,238.52		(29,175.03)
Total Funds on Hand:	35,562.00	Total Unrestricted Funds:	6,386.97

Branch Meeting Schedule

By Fran Erickson, Co-VP Programs



GENERAL MEMBERSHIP PROGRAMS AND SPECIAL EVENTS 2019

GENERAL MEETINGS: 3rd Saturdays of the month, 9:30 to 11:30 AM (program begins at 10 AM) in September, October, November, January, February, March and April, at Peace Lutheran Church, 828 West Main, Grass Valley.

FEBRUARY 16 - Patt Lind-Kyle, MA Psychology, author of three books, the most recent being *Embracing the End of Life: A Journey into Dying and Awakening*. Patt will present a program on "Aging Wisely".

MARCH 16 - Representatives from EOF, Tech Trek, and Local Scholarships will share their experiences. Always a favorite program.

APRIL 20 - Dr Anya Stanger: What Is Feminist Activism? and Dr. Keller Miller: Actualizing Feminist Activism

MAY 18 - Luncheon at Lefty's in Nevada City. Details to follow.



Tech Trek Update

By Martha Rees



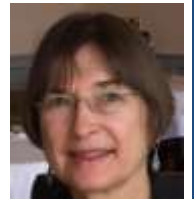
February 8th is the day that the 2019 Tech Trek nominations and applications from western Nevada County public and public charter 7th grade science, math, and technology teachers and their nominees are due, and that's when our work will really begin. We will schedule interviews for later in the month, and early March, with final selection by April 1st and the Recognition Event on May 7th. Our seven Nevada County Trekkers will attend Tech Trek @ UC Davis, July 21-27th.

Those of you who heard Jon Katis' KNCO interview on January 4th with Bup Greenwood and Kathleen Shaffer regarding Tapas & Trivia, also heard why this fundraiser is important from Sierra Raskie-Jeska, former Tech Trekker and 2018 Local Scholarship recipient. Sierra was home on winter break from Swarthmore College. Also, those attending Tapas & Trivia will again get a chance to see some of our former Trekkers (and family members) who have volunteered to help out at this important fundraiser. Always a treat to have their enthusiasm, not to mention energy, as they pitch in to support AAUW.

If you wish to contribute to our Nevada County Tech Trek program, checks should be made out to "AAUW Nevada County Branch", with "Tech Trek" on the memo line. If anyone has questions, ideas, or would like to be part of the Tech Trek Committee or the actual Tech Trek Camp at UC Davis, please email mjkrees@yahoo.com.

Local Scholarships

By Susan Fivelstad



Local Scholarships thanks you, AAUW members, for all your wonderful support of Tapas & Trivia!

Tapas & Trivia is one of the events which supports our students' educational goals. Your enthusiasm and generosity have allowed us to grow from giving three \$1,000 scholarships sixteen years ago, to granting seven \$2,000 scholarships last year. Educating girls and women is truly our paramount goal.

We offer four high school seniors scholarships of \$2,000 each, one Sierra College graduate a scholarship of \$2,000, and Re-Entry women a grant of up to of \$2,000.

The high school and Serra College scholarships focus on STEM (Science, Technology, Engineering, and Mathematics) majors. The Re-Entry scholarships may be in any area of study. The Re-Entry scholarship can be divided among up to four women depending upon need and interests. In the past, we have given Re-Entry scholarships for certificates as well as for help at a four-year college. Re-Entry scholarships can help women upgrade skills or fit themselves for new skills.

Do you know a woman planning to start college, change her employment skills, or enter a new area? Tell her about our grants and scholarships. Encourage her to apply. AAUW is here to help. We have grown significantly, and you have made this possible. Congratulations on supporting Local Scholarships, and Thank You!

Not Enough Words....

By Bup Greenwood, President-Elect



There are not enough words to thank everyone who has been involved from the get-go in our Tapas and Trivia Fundraiser. It has definitely taken our village to plan and produce such a successful and fun event, including all of you who have bought tickets, donated to auction baskets, joined a team, or worked on food or decorations.

As you know our Unique Women Fundraiser eventually ran its course after several successful years, and a new event needed to be conceived and produced in order to provide financial support to our many local scholarships. You, Members of our Branch, first generated ideas for Fundraisers at a General Meeting last spring. After sorting through all of the suggestions and weighing pros and cons of each, the Fundraiser committee decided on a Trivia night. Someone suggested the catchy title of “Tapas and Trivia” for our Fundraiser, and we were off and running.

Many, many people have contributed to the event, some behind the scenes and some upfront. There are too many to mention everyone by name in this article, but let me tell you about a few who deserve your, and my, gratitude:

Bernadette Sylvester, for so much! Ed, her husband, is the marathoner, but she put in the miles on this event—generating team recruitment forms, getting teams signed up, underwriting several teams, recruiting Lorraine Jewett to assume a big part of the publicity and take some of the pressure off of our publicity Chair, arranging for four on-air interviews to publicize our event, coming through with one of the live auction items, thinking of creative items for team victory prizes, and generally being supportive and generous no matter what glitches appeared.

Cece Royal for producing publicity materials at short notice, always catchy and creative and spot on – and taking our amateur critiques with extraordinary grace and humility.

Deb Cubberley for assuming leadership for the “tapas” and quietly recruiting a complete kitchen crew, organizing the food, purchasing cutlery, planning table decor and delicious food.

Kathleen Shaffer for going so far above and beyond she’s almost out of sight. Kathleen brought experience to our Trivia game. Working with Mary Sivila and Melanie Heckel, they wrote great questions, and then refined, edited, and perfected them. Kathleen also recruited several teams to compete, spending hours of contacts, call-backs, & pleading until she convinced them to sign up. She won my heartfelt gratitude for showing up on short notice to be interviewed at KNCO, doing a bang-up job.

Laurie Alire for sticking with the web page despite some health challenges until our page was up and running and successfully promoting Tapas and Trivia.

Mary Sivila and Melanie Heckel for their countless hours of teamwork finding and creating questions for the Trivia game--as well as recruiting teams.



Melanie Heckel for finding the auction company through a friend and investigating them on-site in Davis, participating with Lorraine Jewett in a live interview, and recruiting teams. (Plus, Melanie is the genius behind the “Bring a Bottle” solution to having wine at the event.)

Shirley Zeff for always saying, “yes”, managing the ticket sales, the ABC one-day license, the PayPal Link and PayPal sales, and cheerfully playing the essential supporting role for all things to do with computers, plus, recruiting teams.

Susie Monary-Wilson for being the most productive team finder ever. She has the right formula for asking friends to come have fun with her, and she knows that is the heart of the event – having fun and raising funds for scholarships.

Martha Rees for handling publicity, designing a press release for the KNCO interviews, and recruiting an inspiring scholarship recipient, Sierra Raskie-Jeska, to take part in the interview. Martha also, somehow, made time for planning the computer and projection setup for the Trivia Game, and she tactfully guided me through the interviews, a much-needed help.

Sharon O’Hara for supporting the auction when neither she nor anyone else greeted the auction concept with a standing ovation. Sharon jumped in and once again scoured Grass Valley, contacting businesses and friends to come up with attractive and enticing auction baskets. But that wasn’t enough--she also took on designing the decorations; she didn’t have any extra time, but we needed them so she got her posse together and made it happen.

I could go on—how about all the interest group leaders and members who donated time and money to create auction baskets? How about the kitchen crew??!! In fact, I will go on!

Next month, read Chapter Two about other members who helped vision, plan, and create our Fundraiser. I will also include some financial details and, of course, photos!

CALLING ALL NEW MEMBERS!

By Deborah Cubberley,
Membership VP



In February, new members (those joining within the last year) will be invited to an orientation that will provide information about the AAUW mission and the activities available in the Nevada County Branch. It will also provide an opportunity to ask questions and meet a few new people. New members, please be on the lookout for the orientation announcement .

Speaking of new members, Jeanne Duerst has just joined our ranks. Jeanne works part time as a website designer. She has been the marketing director for Music in the Mountains, and an account executive for data companies. She is presently on the board of Nevada County Cinderella Project and manages their website. She also provides website maintenance for the Performing Arts Guild Theater for Children. Her hobbies (When does she have time?) are photography, hiking, skiing, golfing, pickle ball and reading.

Please be sure to add her contact information to your directory: Duerst, Jeanne 884 Gold Flat Road Nevada City 95959 530 470-0112 jderst@att.net BA Marketing Saint Mary’s Moraga 1986

Nevada County Branch Public Policy

By Carolyn Feuille



The U.S. Department of Education is aiming to systematically dismantle the protections of Title IX regulations, especially regarding sexual harassment. This past September the department rescinded two important documents which explain how schools must prevent and address sex discrimination in educational programs to conform to legal requirements.

In November, the Dept. of Education proposed further changes to erode protections of Title IX by narrowing the definition of sexual harassment so that much of the abuse students experience may not be responded to by their schools. Another change is to require schools to use cumbersome processes that make it harder for students to come forward and ask for support when they've experienced harassment or assault, especially in higher education. It is also proposing to require schools to ignore harassment that occurs outside of a school activity or property. For students, these proposed changes may mean having to see their harasser in class every day or continuing to endure harassment by other students. For some, it's tough to even come to school. Read more: <https://www.aauw.org/research/crossing-the-line/>

We can't let the Department of Education weaken Title IX and make schools less safe for students, especially girls. Here are two ways you can join in fighting back .

Actions to Take:

Write to Betsy DeVos, Secretary of Department of Education:

1. Go to the AAUW.org webpage and click on Take Action in the top navigation bar.
2. Scroll down near the end, click on Take Action for Title IX
3. Read the introduction to the issue and the petition to Betsy DeVos, then fill in the fields with your e-mail address, branch name, and click the Submit button.
4. Your electronic signature will be sent to the Dept. of Education as one of thousands being sent this month by AAUW members nationwide. Help expand our reach by forwarding this article to others, men and women.

Deadline for both actions is January 26, to meet the Department of Education's January 27th deadline for response to DOE proposals.

Write a letter to the editor of a local or regional newspaper:

1. Use this link to a Take Action webpage to learn more and to write an effective Letter to the Editor http://salsa4.salsalabs.com/o/50796/p/salsa/web/common/public/content?content_item_KEY=15526
2. Send your letter to a newspaper of your choice:
The Union - <https://www.theunion.com/contribute/letter-to-the-editor/>
Sacramento Bee - <https://www.sacbee.com/opinion/letters-to-the-editor/submit-letter/>
3. Check your newspaper throughout January to see if your letter gets published. Then, let us know if it does! E-mail Carolyn at cfeuille@gmail.com

Interest Groups

By Stephanie Norton



AAUW Hikers Weather permitting, we will hike Tuesday, February 5 and Monday, February 25. I will email details; if not on my email list be sure to contact me! sj.facchini@gmail.com

Arts and Crafts will gather at the home of Pat Pederson on February 7 at 10 AM to create Fortune Cookies. Please respond to Teri McConnell, tjmccconnell@earthlink.net.

Book Discussions

The Mostly Fiction Book Group will meet on Thursday, February 14th at 1:00 to discuss *The Chaperone* by Laura Moriarty, at the home of Carole Yettick. Please RSVP to her. For more information please contact Robin Laverty-Reves at robinreves@comcast.net.

The Non-Fiction Book Group will meet February 19th at The Open Book, Grass Valley, 12:30-2:00. We will be discussing *The Hidden Life of Trees: What They Feel, How They Communicate- Discoveries from a Secret World* by Peter Wohlleben. Jeanne Scarmon will facilitate. For more info, questions, or a ride, contact Deborah York, deborah@yorkteam.com or 530.470.8955

Gadabouts *Golden Stories of Our Past - Outlaws and Lawmen* Monday, February 4 at 6:30 PM – 8:30 PM. The documentary film by Larry Lee Holman, *Outlaws and Lawmen* is the 4th in a series of films produced by The Union newspaper. Presentation in the historic Nevada Theatre will make this a special event! YOU'LL HAVE TO ARRANGE FOR YOUR OWN TICKETS... Tickets are \$15 (\$12 if you are a subscriber to The Union), available in The Union office or by phone at 530-477-4241. Tickets will be sold at the door only if the show is not sold out. Please let Sharon O'Hara know you're coming and perhaps we can meet for dinner!

Gourmet Adventures will gather Saturday, February 2 at 4:00 PM, at Stephanie Norton's home. Recipes from Ina Garten, the Barefoot Contessa. Please respond to Shirley Belville Racine shilrcalgv@gmail.com whether or not you are attending.



Garden Group will emerge this month. Contact Ellie Anderson for more info.

Gracious Helpers is a branch interest group that provides meals and support to members who are ill, recovering from surgery, or caring for a family member. Gourmet cooking is not required! Simple fare is often most appreciated, along with the caring friend who prepares and delivers it. We are always in need of volunteers, as not all group members are available at all times. Sometimes they too need help. We hope you will consider joining our team. "Many hands make light work." Gracious Helpers is an easy, enjoyable way to be of service to our long-time members, and to make new friends as well. For additional information please contact Cheryl Morris.

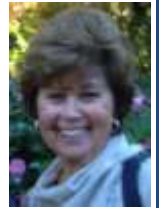
Great Decisions is America's largest discussion program on world affairs. The eight-session program involves reading the Great Decisions Briefing Book, usually ten pages per session, watching a 20 minute DVD, and meeting in a Discussion Group to discuss the most critical global issues facing America today. Our meetings will resume in February and the topics are *Refugees and Global Migration* on February 12th, and *The Middle East: A Region in Disorder* on February 26th. Contact Susie Monary-Wilson for more info at monarywilson@msn.com or by phone 530-470-9272.

February 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2 Gourmet Adventures
3	4 Gadabouts	5 AAUW Hikers	6	7 Arts & Crafts	8	9
10	11	12 Great Decisions	13 Board Meeting	14 Mostly Fiction	15	16 Branch Meeting
17	18	19 Non-fiction	20	21	22	23
24	25 AAUW Hikers	26 Great Decisions	27	28	1 March	2

Financial Underwriter Highlights

By Bernadette Sylvester



We would like to thank **Dignity Health/Sierra Nevada Memorial Hospital** for the support they have offered throughout the years to AAUW-Nevada County Branch. The hospital has a new CEO – Dr. Brian Evans – who served in the SNMH Emergency Room as both a staff doctor and the Chief of Medicine for almost 20 years, and is returning after two years as Chief of Medicine at Mercy Hospital in Sacramento. We welcome Dr. Evans back and look forward to his leadership at SNMH.

We would also like to recognize the **SNMH Auxiliary**, which was formed in December 1958 and currently has 75 active volunteers. The mission of the Auxiliary is to provide an efficient volunteer staff to provide support services to the patients, staff and community. Members serve throughout the hospital in the Cancer Center, Emergency Department, Main Lobby and Outpatient desks and on the nursing floors. Additionally, volunteers operate the hospital's Gift Shop which offers See's candies year-round in addition to fresh flowers and miscellaneous gift items. Proceeds from the Gift Shop and other Auxiliary fundraisers are donated for patient care items identified by administrative staff.

Volunteers provided more than 19,000 service hours to SNMH in 2018. Additional volunteers are always needed to fully staff all volunteer shifts. We thank President Suzanne Nobles for providing Auxiliary details.

MANY THANKS TO ALL OUR 2018/2019 FINANCIAL UNDERWRITERS

THANK OUR SPONSORS AND TELL THEM WE APPRECIATE THEIR SUPPORT

DIGNITY HEALTH - SIERRA NEVADA
MEMORIAL HOSPITAL
KNCO NEWS TALK 830
MILL STREET CLOTHING CO., LISA
SWARTHOUT
MOVE! FITNESS STUDIO
NEVADA CITY SMILES
DENTISTS YAI, BROWN, and GARIBOTTI
HEATHER SANDERSON at BLUSH SALON

SPD – NEVADA CITY & GRASS VALLEY
STATE FARM – JEREMY SANDERS
THE UNION
WESTAMERICA BANK - GRASS VALLEY &
PENN VALLEY
JENNIFER L. WILKERSON, ATTORNEY AT
LAW
WOLTERS, HAGAR AND PRATT
JAZZERCISE

Visit www.nevadacounty-ca.aauw.net/SPONSORS for details on our FINANCIAL UNDERWRITERS

And SPECIAL THANKS TO BRUNSWICK VILLAGE ASSISTED LIVING for their meeting room!





AAUW Nevada County Branch Box 326 Grass Valley, CA 95945
Web: www.nevadacounty-ca.aauw.net Email: contactinfo@aaunevadacounty.org
Blog: contactinfo1.aauw@blogger.com

AAUW advances equity for women and girls through advocacy, education, philanthropy and research. AAUW values and seeks a diverse membership. There shall be no barriers to full participation in this organization on the basis of gender, race, creed, sexual orientation, national religion, disability or class. By joining AAUW we belong to a community that breaks through educational and economic barriers so all women have a fair chance.

**YOUR GIFT TO OUR SCHOLARSHIP AND FELLOWSHIP PROGRAMS ENABLES WOMEN
 TO BROADEN THEIR HORIZONS THROUGH EDUCATION**

Donor's Name _____ **Amount** _____
Address _____
 (Optional) In memory / honor of (circle one) _____

LOCAL SCHOLARSHIPS:

_____ **Tech Trek** [8th grade summer science, technology, engineering, math (STEM) camp]. Please make check payable to AAUW Nevada County Branch. Note Tech Trek on memo line.

_____ **Local Scholarships** (high school, Sierra College & re-entry). Please make checks payable to AAUW NCB Charitable Trust.

NATIONAL PROGRAMS:

_____ Please make **checks payable to the AAUW Fund**; National will use your donation where it is most needed to support equity for women. However, you may note a specific fund, such as the Educational Opportunity Fund (EOF) or Legal Advocacy Fund (LAF), if you wish.

BRANCH PROGRAMS: Please make your **check payable to AAUW - NCB**.

_____ **Angel Fund** (dues assistance for members in need). Note Angel Fund on memo line; aid is confidential.

_____ **Local Branch Operations** (Program, Membership, Publicity, Admin. Etc.). **Note Branch Operations on memo line.**

Mail your donation to AAUW Nevada County Branch, PO Box 326, Grass Valley, CA 95945-0326

Remember: Indicate above to which program you are donating. Write separate checks if you are donating to more than one program.
 AAUW Nev. Co. Branch is a 501(c)3 non profit, tax ID number EIN 94-6095030.