The Lodestone



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AAUW Mission

The mission of AAUW is to advance gender equity for women and girls through research, education and advocacy. To that end, the organization encourages its members to actively participate in public discussion to ensure enlightened advocacy on the priorities of AAUW as established by members. Priorities were adopted in May 2019 and can be found on the AAUW website under AAUW Public Policy Priorities. https://www.aauw.org/resource

Lecisia L. L.



Saturday, September 17 9:30 —11:30 AM Peace Lutheran Church 828 West Main St, Grass Valley

The new 2022-23 year will kick off with a Welcome Back Brunch hosted by the Board. Come, and bring a friend!

Learn all about what Nevada County AAUW offers. Interest groups will share information and take signups. They include Arts & Crafts, two Book Groups --Mostly Fiction and Non-Fiction), Gardening, NEW Gourmet Dining (retitled Gnaw & Jaw), Great Decisions (foreign affairs), Hiking, Writing and American Mahjong.

Information and presentations will also showcase scholarships, AAUW Fund/National and our Tech Trek, which enables eight high school girls to attend a summer academic camp at UC Davis. Trekkers will share how their Tech Trek experiences impacted their study of science, technology, engineering and

Mari Weaver Programs VP

math. Learn how your membership supports the broader efforts of AAUW-California and AAUW-National.

Come, be inspired, reacquaint with friends, make new connections, and participate with this lively and fun AAUW Branch!

See you there!

President's Message & 2023 Fundraiser

Deborah York

I love September because it always reminds me of those cherished moments when I returned to college. Every year I find myself singing, "Its late September and I really should be back at school..." Even though it has been many years since those days, I still get the same feelings of anticipation—friendships renewed and new learning on the horizon.



Deb York, President

These are challenging times for the values we hold near and dear to our hearts. We support women, both in education and in the workplace, and in all matters of health including reproductive choice. We support inclusion, valuing all people regardless of race, ethnicity, gender, education, and culture. We value our American democracy and our rights to vote, speak freely, and live without fear of violence. We will keep working on all of this—together.

We have been apart for quite some time in the past few years, and I am very excited to be able to meet again. Reach out to others whom you know and don't know and carpool to meetings, call others to introduce yourself and find areas you have in

Covid Guidelines

- We will assume all Branch members are vaccinated and boosted. If you are not, please wear a mask and let Deb York know and we will accommodate.
- 2. If you are experiencing symptoms associated with Covid 19 (fever, headache, loss of taste/smell, sore throat, cough, muscle/joint aches, shortness of breath, etc.) please stay home from Branch activities.
- 3. If a close family member has symptoms or has tested positive, and you do not have symptoms, please mask when carpooling or attending indoor meetings.
- If you have been traveling with increased exposure, please wear

- mask for 5 days after returning if you are attending indoor meetings.
- A meeting host (interest group leaders, committee chairs, etc.) may request participants to test negative prior to attending meeting or wear masks.
- If you have been exposed to someone who has tested positive (with/without symptoms) please alert meeting host and wear a mask.
- We will track Nevada County Covid rates and follow all local government and CDC guidelines. We will notify all Branch members of any changes to these quidelines.

common, join an interest group, and volunteer to get involved with Tech Trek, Local Scholarships, and roll up your sleeves to help with our spring 'Tapas and Trivia' fundraising event.

Our branch plays a significant role in supporting education for women and girls. Since 1946 we have provided 213 college scholarships, and 27 re-entry scholarships. Our Tech Trek program has mentored 130 girls in Science, technology, Engineering, and Math, since 1998.

Please plan to join us for a fun **Welcome Back Brunch on Sept 17th** where you can connect with friends. meet our new members and learn about all the wonderful opportunities we provide for women and girls in AAUW, both local, State and National.—Del



Question: Who, in 1903, was the first woman to win a Nobel Prize?

Question: What river runs through Paris?

The High-Spirited
TAPAS & TRIVIA
Scholarship Fundraiser
Is Back!



On a Saturday spring afternoon in 2023 from 4:00 to 7:00 PM

(DATE TO BE ANNOUNCED SOON FOR PEACE LUTHERAN CHURCH LOCATION)

FABULOUS TAPAS & DRINK! EXCITING LIVE AUCTION! SILENT AUCTION BIDDING GALLERY! AND TRIVIA—THREE ROUNDS

CALLING ALL MEMBERS WHO...

... would like to take part in the planning and execution of the event, you are joyfully invited to a meeting on **September 12 from 1:00 p.m.– 3:00 PM**, hosted by Deb York.

We'll need all hands on deck for this event! So, whether you want to jump in with both feet or just dip in your toe, come and join the fun!

najeffery@gmail.com by **September 9th**Hope to see you on the 12th! *Nancy*Jeffery

Answers: Marie Curie & The Seine

Please RSVP "Yes to 9/12" to



Nancy Jeffery Fundraiser

2022-23 Board, Board Decisions, Proposed Budget

EXECUTIVE COMMITTEE

President Deborah York Past President Katherine Greenwood Secretary Francesca Erickson Finance Officer Jennifer Wilkerson Program VP Mari Weaver Membership VP Deb Cubberley AAUW Fund VP Carol McMillan

APPOINTED OFFICERS

Local Scholarship Rhea Williamson Public Policy, DEI Melanie Heckel Lisa Turlo **Publicity** Martha Rees Social Media Open Tech Trek Martha Rees Ways and Means Chris Boykin Communications Katherine Greenwood

STANDING COMMITTEES (Non-Board

FUNCTIONS)

Lodestone Editor CeCe Royal Distribution Jan Williams Directory/Database CeCe Royal Hospitality Gretchen Corbin Susie Monary-Wilson Interest Groups Friendship Pat Pedersen Historian Margaret Munson Fundraiser Nancy Jeffery6 Karen Hull Financial Underwriters Development

Photography Martha Rees

Bernadette Sylvester Sue Miller CeCe Royal

AAUW Msg Line



Highlights of Last Board Meeting

1. The Board approved the 2022-2023 budget as recommended by the Budget Committee. The budget is included in the Finance section and will be presented to the membership at the Sept 17th meeting for approval.



Fran Erickson Secretary

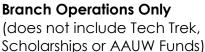
- 2. The Board voted to hold our annual Christmas party on Dec 8th, 4:00-6:00 at the National Hotel in Nevada City.
- 3. The Board approved hosting a spring Tapas and Trivia fundraiser for spring of 2023. Funds will benefit Local Scholarships and AAUW Fund, a national fund that provides scholarships, grants, and legal advocacy for women.

Branch Proposed 2022-23 Budget

At the September brunch, Members will vote on the Budget for the coming year. The Budget Committee, chaired by Finance Officer Jennifer Wilkerson, submitted the proposed budget which the Board approved at its August meeting.

We anticipate that generous support from Underwriters and Members (and a few rafflesstay tuned!), will match our anticipated expenses. The Board's focus is a year of

interesting programs at Peace Lutheran and encouraging member involvement aligned with our mission.





Iennifer Wilkerson Finance Officer

Beginning Balance	12,687
REVENUE	
Local Dues Income	1,600
Financial Underwriters	1,550
Member Support	200
Ways and Means	1,800
TOTAL REVENUE	5,150
EXPENDITURES	
Admin & Operations	1,350
Capital Outlay	400
Communications	400
Membership	300
Programs	2,700
Public Policy	0
TOTAL EXPENDITURES	5,150
Ending Balance projected	12,687

Public Policy: AAUW Priorities



In the summer Lodestone I wrote about the gutwrenching Dobbs decision by the Supreme Court that overturned Roe v. Wade, thus eliminating the Constitutional right for women to choose whether to bring a pregnancy to term. You can read more about this in a separate Lodestone article written by Sue Miller, Chair of Public Policy for AAUW-CA. Please read carefully!

I would like to briefly describe AAUW Public Policy Priorities:

- To support a strong system of public education that promotes gender fairness, equity, diversity and inclusivity, and to address the barriers and implicit biases that hinder the advancement of women and girls.
- 2. To achieve economic security for all women.
- 3. To guarantee equality, individual rights, and social justice for a diverse and inclusive society.
- 4. To protect reproductive rights.
- To protect voting rights, currently at risk in many states who have passed laws that could prevent black, brown and marginalized communities from having access to the polls.

There is so much bad news out there, that I decided to include a Public Policy piece in the Lodestone each month called Good News. We need it!

GOOD NEWS:

Gender Pay Gap - The Sacramento region is one of the few places in the country where women under 30 earn more money than men, bucking the wage gap trend that remains pervasive across the U.S. Based on an analysis of 2019 census bureau data, the median salary for young women is actually about 101% of the median salary for young men, an improvement since 2000 when young women in the region earned about 96% of what young men earned. Expanded Title IX Protections Proposed - On the 50th Anniversary of Title IX, the Biden Administration proposed to reinstate Title IX regulations tossed out by the Trump administration. Title IX of the Education Amendments of 1972 states: "No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the

benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance."

Proposed changes
would combat sexual
discrimination in schools
by boosting victim
protections and
modifying language to
include sexual orientation
and gender identity for



Melanie Heckel Public Policy Co-Chair

LGBTQ+ students. The agency proposing the changes is the Office for Civil Rights, Department of Education, who published an Action Notice of Rulemaking on 7/12/22, and comments must be submitted by 9/12/22. This is moving forward!



1917, the Suffragette Movement

1968, Women Uniting for Equity





2022, Activists protest Roe v. Wade overturn

Public Policy—Your Vote, Your Voice

When Women Vote, We Change the Conversation!



1848, the first women's rights convention in Seneca, NY

Since 1881, AAUW has been a leading voice promoting education and equity for women and girls. AAUW encourages women voters to get involved in the political process and gain a better understanding of the impact legislative action can have on our lives.

The recent US Supreme Court Dobbs decision on abortion has stimulated action in many states across the nation, including California. Our leaislature passed and Governor Newsom signed AB1666 which will enable a woman coming into California to receive an abortion to be protected from lawsuits originating in her home state. This bill was co-sponsored by AAUW CA! A further step protecting a woman's right to make personal medical decisions is a Constitutional Amendment, Proposition 1. which will be on the November 8 ballot. It would amend the California Constitution to prohibit the state from denving or interfering with an individual's reproductive freedom in her most intimate decisions, which includes the fundamental right to choose to have an abortion and the fundamental right to choose or refuse contraceptives. AAUW CA supports this Constitutional Amendment.

Congressional races are particularly important this November. Redistricting after the 2020 Census has changed the boundaries of many Congressional districts. In the current partisan climate, we need to be aware of what is at stake in both our national and state upcoming elections. Your current member of Congress may no longer represent you – be sure to become informed soon on the candidates for Congress in your district. As you sort through all this, please reflect on priority issues affecting us,

our daughters, and granddaughters, and evaluate candidates' positions on these issues.

Here are resources to get helpful, non-partisan information:

- AAUW CA website: aauw-ca.org Public Policy section will soon have more detail on priority issues and questions to ask of candidates.
- AAUW website: <u>aauw.org/policy/</u> <u>advocacy/tool-kit</u> Ideas for branch activities, C/U partners, and specifics for 501 c 3 and 501 c 4 branches.
- CA Secretary of State website: <u>www.sos.ca.gov</u> voter info, Ballot Initiatives.
- State and County Voter guides mailed to all registered voters in October.
- www.wedrawthelinesca.org- maps of newly re-drawn congressional districts

Register to vote, if you haven't already! And if you have recently moved you need to update your information with your County Registrar of Voters! Voting is a powerful tool to bring about change!

—Sue Miller, AAUW CA State Public Policy Chair

The Nevada County League of Women Voters' Constitutional Challenge will take place on Friday, Oct. 21. This fun event has teams competing against each other to answer questions about the U.S. Constitution and American history.

For information and tickets, go to: https://bit.ly/3PPofhl



AAUW Fund: Record Numbers & New Local Scholarship Leader

RECORD NUMBER CALIFORNIA FELLOWS & GRANTEES, THANKS TO AAUW FUNDS



Are you one of the many AAUW members who contributes regularly to AAUW Funds? Have you ever wondered what happens as a result?

Coming in <u>October</u> and <u>November</u> are **four opportunities** to learn directly from women who have benefited.

In the past year, AAUW awarded \$6 million in Fellowships and Grants to 320 recipients. A record 49 of these are in California! Better yet, the California AAUW Fund committee is planning four 2-hour Zoom meetings featuring these recipients as speakers. The Saturday meetings will go from 10-noon; Sunday, occurs 1-3 PM.

The dates are:

- Oct 15
- Oct 22
- Oct 23
- Nov 12

In September you can register by going to the CA AAUW website aauw-ca.org and select top tab: AAUW Fund.



Carol McMillan AAUW Fund VP

You will hear fascinating stories of their research. Plan now to attend one or more and be inspired by the great things women are doing.

And by the way, if you're ready to make your contribution for this year, you can find a link on our Nevada County Branch website.

Meet Rhea Williamson, Local Scholarship Committee Chair

It is hard to believe that the summer has come and nearly gone.....time sure does fly when one is having fun!

We are now entering a new cycle of the scholarship process, a process I am just beginning to wrap my arms around as the new Chair of the Local Scholarship Committee (LSC). I am immensely thankful for the guidance and shared knowledge provided to me by former LSC Chair **Ann Shulse**. A special thanks as well to all of the amazing and dedicated local scholarship liaisons and readers out there, who are now preparing for the next round of applications. Thank you, thank you.

The expertise and dedication of the scholarship readers, liaisons, and volunteers have been cornerstones of the success of the Nevada County AAUW in supporting

the educational hopes of so many women and girls in the region. As we move forward in the coming year, with a goal of enhancing our impact by increasing available scholarship funding, transitioning to computer-based application procedures, and promoting more collaboration with education-focused partners on grant funding opportunities, these same attributes of dedication and expertise will play a significant role in our

success.
Please know
that I am
here to assist
in any way
possible.

Best to all,

Rhea



Rhea Williamson Local Scholarship Chair

Scholarships (cont.): The Ann Shulse Scholarship

At the May Luncheon, just as festivities were winding down, I was stunned when presented with a scholarship named in my honor. The powers-that-be knew that after nearly 15 years serving on the Board in one capacity or another, and nearly that many years being involved with the Local Scholarship Committee, I was ready to step back a bit.

The Local scholarships program was the reason I joined AAUW. I care deeply about young women getting an education, becoming empowered, and finding their voices. Over the years I've put a lot of energy into helping that happen. In 2013 Donna Russell asked me to take over as the Charitable Trust Treasurer. Over the last five years, I've been deeply involved in the scholarship program, most recently as Local Scholarship Chair. I am very proud of the work the LS Team has accomplished, and with a huge boost from the Cleo Gibson bequest, this year we will be providing \$31,000 to fifteen recipients.

I love being a Liaison, getting to know the young women, and watching the paths they take. Our AAUW local scholarships are an extension of my path, my unrealized dreams, my vision to improve humanity and the world, and my passion to facilitate and support young women to learn and pursue their passions.

My gosh! A scholarship in my name and with my criteria choices! Quite humbling. I considered options and searched my soul for what I

value. I thought about our country, our world—both the good and the tragedy and the so much that needs to be improved. I thought about hope—of course, our young people are our hope! I know from years of teaching, reading scholarship applications, and following the paths our young women are taking, that they feed my hope for finding solutions, making improvements, building and mending bridges. Supporting the

passions and energy of young women gives me hope.

This will be a scholarship for a young woman graduating from high school who has college plans and a vision. For a variety of reasons, going to community college on the way to a 4-year college is the path some students choose. I hope to find



May 3, 2022, Ann Shulse with Bup Greenwood, as she is presented with a certificate for the scholarship in her name

a young lady who will start at Sierra College then transfer to a 4-year college after a year or two. She will receive \$500 each year she's at Sierra and the balance of the scholarship when she transfers to a 4-year college. I'm pleased that the scholarship has grown to \$3,250.

I'll be looking for a young woman who is motivated: she values her education, and she's involved in life — activities, clubs, sports, student government, community service, and perhaps a job. She is driven to learn and is a team player; she contributes and does for others; she finds solutions. She recognizes there are problems in our world that need attention. She is inspired to get a college education and go out into the world empowered to become a part of improving humanity or our

of improving humanity or our physical world.

I am excited to find the 2023 recipient of the Ann Shulse scholarship and follow her "be-part-of-the-solution" journey. I am very thankful to everyone who has made this scholarship possible. I truly feel honored.

With gratitude to all, Ann Shulse, July 29, 2022

Education is the most powerful weapon ... you can use to change the world. – Nelson Mandela



Vanessa Richards Is Thrilled About UCLA!

By Melanie Heckel



Melanie & Vanessa

I have the privilege to be the Local Scholarship liaison to Vanessa Richards, I met her for the first time at our own small ice cream social at the home of member Jennifer Wilkerson.

Vanessa and

her best friend, Teanna, are Jennifer's neighbors. Neither was able to attend the larger ice cream social because they took a three-week trip to Europe after graduation from both Ghidotti and Sierra College. It sounds like they had a marvelous time and many adventures before coming home and getting ready for college. What a big leap Vanessa will be taking! She has left the very small Ghidotti High School, as well as Sierra College, and is heading to UCLA, a very large campus with more than 31,000 undergraduates.

Vanessa made the most of her high school years, with a passion for science, where she was active in clubs relating to science and preserving the environment. At Sierra College, she earned an A.S. degree in Natural Science, where she also served as a Student Tutor. Her numerous volunteer activities included SYRCL and the Hospitality House. Vanessa is planning to major in biology, but doesn't know yet where her career may lead her. She

doesn't know anyone going to UCLA, but does know she will be living in a dorm on campus and will have two roommates. She is looking forward to a whole new experience and is excited to be so close to the beach in Southern California. She is also excited that she can take such a large variety of classes there and wants to try a film class or two. Vanessa has already accomplished so much in her young life, I am sure she will go far and make important contributions to society.

Taylor Mitchell Gets Serious

About Education

by Rose Tammi

Taylor Mitchell is a woman who has survived a chaotic upbringing and former addiction issues. She has not let that stop her, however. She has glowing letters of



Taylor Mitchell

recommendation from Extended
Opportunities and Services (EOPS) who say

Rose, Taylor Mitchel, and Ann Shulse (former LSC Chair)

that they expect nothing but success from her. Taylor's goal is to get a degree in accounting. She loves math.

Taylor, attending Sierra College, will be a first generation post-high school student in her family. She has a young child and is engaged to a man who fully supports her

Tech Trek: Enriching Summer Camp Adventure!





Rear row: Tech Trek dorm moms & former Trekkers [now] advisors, and Martha Rees, Co-camp Director Front row: Nevada County Tech Trek participants

Exploring heat islands, forensic science and crime solving, medical triage tools, sound engineering, entomology, solar and electrical energy, veterinary medicine, financial awareness, polymer chemistry – plus campus living with dorms and dining common -- that's just a sampling of what was in store for campers at the 2022 Tech Trek @ UC Davis.

YES!! AAUW Tech Trek was back on the UC Davis campus – July 17-23rd - after a two-year hiatus! There were additional hoops to jump through due to Covid, but mission was accomplished thanks to the commitment and support of camp staff, volunteers, and branch members.

As in the past, each camper spent the morning in her core class, which this year was either Anatomy/Physiology, Environmental Engineering, Genetics, Media Arts/Computer Science, or Nutrition/Food Science. Afternoons and evenings were packed with workshops and on-campus field trips. Be sure to attend the September 17th Branch Brunch where you will get a first-hand account from our 2022

Nevada County Trekkers. Therefore, we won't go into further detail here.

It was definitely a unique year in many ways. For example, since there were no Stanford camps, the camp drew from a wider geographic range with campers coming from as far north as Dorris in Siskiyou County and as far south as Monterey, with lots of places in between. In the end, some 23 northern California branches sent 90 girls to the Davis camp, and the Nevada County Branch sent eight of those girls—thanks to the generosity of our Nevada County Branch and community members.

In addition, our branch was well represented on the camp staff as well with Michelle Baker, Susie Patterson, and Jane Winter as dorm moms, Stephanie Facchini as head dorm mom, former Trekkers Allison Johnson as senior counselor and Ava Johnson as junior counselor.

—**Martha Rees**, Tech Trek Chair & Co-camp Director





What did our Trekkers think about their **experience?** Thought we'd share excerpts from their Thank You notes:

Sophie Dell'Ara, Lyman Gilmore: Some of my favorite activities include the Vet visit, Professional Women's Night, and SAFE Credit Union Bite of Reality. I enjoyed the interactive element of all those workshops and I've learned so much. I love Tech Trek so much and my eyes to the possibilities of careers I could can't wait to possibly come back as a Jr. Counselor.

Ella DesAutels, Magnolia: Thank you for giving me a chance to explore STEM and find out more about myself... Professional Women's Night was an amazing experience for me ... This camp has changed me for the better, so thank you for sending me.

Sammy Flaherty, Grass Valley Charter: My mind has opened up, and I have realized there are so many more options and subjects I have never heard of before... I walked into Tech Trek not knowing what to expect, but I'm walking out more excited and prepared for the future. All because of you!

Tabby Gillespie, Seven Hills: I feel more confident in my love for science. Thank you again for broadening my views and interests, and I'm so happy for these forever memories!

Jaylen Hale, Magnolia: One activity that really interested me was visiting the Mondavi Center. I loved getting to see how the lights and sound board works. This experience has shown me how amazing STEM fields can be.

Leah Lubarsky, Clear Creek: For a long time I have dreamed about becoming a traveling vet and visiting all corners of the globe helping animals so having the opportunity to visit the veterinary labs and seeing what training I may do in the future was motivating to keep working hard.

Whitney Parnow, Seven Hills: It really opened pursue in my life. Being able to work in the UC Davis Food Lab was something I could see myself doing in the near future. I am grateful beyond words!

Hailey Wilson, Forest Charter: I really enjoyed meeting others with the same passions as myself... my most precious memory is meeting other women that have done things for our society. -Submitted by Martha Rees



Interest Groups



In addition to our commitment to AAUW Nevada County Branch's mission to advance equity for women and girls through advocacy, education, philanthropy, and research, we provide educational and enrichment opportunities for our members through **ten different Interest Groups** that meet monthly. If you would like to learn more about the Interest Groups, please see the leaders' contact information in the AAUW Membership Directory or contact **Susie Monary-Wilson**.

American Mahjong — Ann Frankel



The American Mahjong Group meets on the first Friday of each month. If you have an interest in learning and/or playing American Mahjong, please contact **Ann Frankel**:

01012013af@gmail.com.

Arts and Crafts — Stephanie Norton

The Arts and Crafts group will meet early on **Saturday**, **September 17**, the day of the Welcome Back Brunch



to decorate the tables at Peace
Lutheran church. A group meeting
to prepare ahead will not be
needed. Supplies will be provided. If
you would like to learn more, please
contact Stephanie Norton at
scnorton57@gmail.com

Book Discussions

Mostly fiction —Robin Laverty-Reves

The Mostly Fiction Book group is looking forward to our first meeting of the season to discuss *Cloud Cuckoo Land* by Anthony Doerr on

Thursday, September 8th at 1:00. We often select a longer book to read over the summer for our September selection. Our group enjoyed reading All the Light We Cannot See, winner of the Pulitzer Prize, by this author several years ago. Interest group members will



receive reminder emails at the beginning of each month including the location of the meeting. If you would like information about the Mostly Fiction book discussion group, please contact Robin Laverty-Reves: robinreves@comcast.net.

Non-Fiction — Diane Kellegrew

During the past 5 years, Deb York has led the Non-Fiction Book Club. Deb will now step down as our book club leader to be available for her role as our branch president. Deb has steadfastly led this group with kindness and respect for all. Our group has thrived under her guidance, and we are most grateful.

During our July meeting, we selected our reading list for September 2022 through June 2023. Many selections are major award winners and/or hot topics in

Susie Monary-Wilson, Interest Group Coordinator

today's news. There is something for everyone! We will make summer reading selections in spring 2023. The Non-Fiction Book Club meets every **3rd Tuesday**, **1:00 pm-2:30 pm.** Our complete schedule is posted on the AAUW-NC website. Consider joining us as we read....

- 9/20/2022 Eager: The Surprising Secret Life of Beavers and Why They Matter by Ben Goldfarb
- 10/18/2022 Kingdom of Ice: The Grand and Terrible Polar Voyage of the USS Jeanette by Hampton Sides
- 11/15/2022 Wilmington's Lie: The Murderous Coup of 1898 and the Rise of White Supremacy by David Zucchino
- 12/20/2022 The Book of Hope: A Survival Guide for Trying Times by Jane Goodall
- 1/17/2023 An Immense World: How Animal Senses Reveal the Hidden Realms Around Us by Ed Jong
- 2/21/2023 The 1619 Project: A New Origin Story by Nikole Hannah-Jones
- 3/21/2023 Black Death at the Golden Gate by David K Randall
- 4/18/2023 All We Can Save: An Anthology edited by Ayana Elizabeth Johnson and Katherine K. Wilkerson
- 5/16/2023 Proust and the Squid: The Story and Science of the Reading Brain by Maryanne Wolf
- 6/20/2023 On Animals by Susan Orleans

For more information or to be added to our mailing list contact Diane Kellegrew at diane.kellegrew@gmail.com.

Writing Group — Deb York

The writing group will meet Monday,
September 12th, 11:00-1:00 in the
Prospector room at Madeline Helling
library in Nevada City. We are a group
of motivated writers who have a deep
desire to develop our craft and tell our
stories. Contact Deborah York 925.216.6240 or
deborah@yorkteam.com



Interest Groups (cont.)



Gardening — Janine Martin



September 22nd will be our plant exchange at Deb Cubberley's home at: 14448 Highland Dr, Grass Valley from 10-12. Please bring several potted plants, seeds or garden art to give away. Always fun to see what someone else has. In addition, bring a snack/

lunch. Fruit, water, tea will be provided.

Plan on car pooling with another member to cut down on parking if you can. Please let Janine know ASAP you are coming.

October meeting will be on the 27th. We will be visiting Bierwagen's Donner Trail from 10-12 for pumpkin picking, pumpkin pie, etc. For information, contact Janine Martin 530 2635894, janineandgalen@amail.com

Gnaw & Jaw—Deb Cubberley & **Chris Boykin**

It's Official....the dining/ gourmet group has been re-launched in a new and different format. Its new moniker is "Gnaw and Jaw" (eating and



talking, who doesn't enjoy that?) The parameters of the group were set at a potluck, and we will begin our gnawing and jawing no later than October.

The plans: We will randomly draw names to form dining groups of 6-8. Those groups will last throughout the year, meeting three times, October, January, and May. Each time one of the group's members will take Hiking Group —Jane Winter the lead to assign dishes and host the event.

The themes for the year are October-Fall Food, January-Comfort Food, and May-Farm to Table. At the end of the year, we will again randomly draw names to form the groups for the next year. We will also meet as a whole two to three times a year at local restaurants. So, we will be meeting a total of five to six times a year. Every AAUW branch member is welcome and each of you may bring someone.... a spouse, a significant other, a friend, relative, etc. OR come as a single. This is not just a couples group! So far, we have eleven members signed up with eight more interested, about 38 people!

If you are interested in joining this group, please contact either Chris Boykin or Deborah Cubberley, your interest group co-leaders. The groups will be formed shortly after the AAUW Brunch on September 17, so be sure to sign upby then. For more information contact Deb Cubberley at debcubberley@comcast.net or Chris Boykin at

chrismboykin@gmail.com.

Gracious Helpers — Pat Pedersen

Gracious Helpers is a group that provides meals for members who are suffering from a trauma. It might be an injury, death, or surgery for themselves or a husband or significant other. We determine the needs of the member, such as dietary necessities, day of delivery and time of the delivery.

We use a website called Meal Train which provides us with a page for the recipient. The page provides not only all their information and needs, but also, a calendar which we use to let each other know the days that are available for meals. We are beginning again to need meals for our members. Consequently,

we will need more volunteers to provide these meals. They can either make homemade meals or use restaurant meals. We deliver easy meals, and most providers make meals which they usually make for themselves.



If you can assist us, Contact Pat Pedersen for more information.

Great Decisions — Susie Monary-Wilson

Great Decisions will meet on Tuesday September 27th from 10 to noon at the Nevada County Media Center 355 Crown Point Circle, Grass Valley, to discuss Chapter 7, US Industrial Policy.



Research suggests the experience of hiking is unique, conveying benefits beyond what you receive from

typical exercise. Not only does it oxygenate your heart, it helps keep your mind sharper, your body calmer, your creativity more alive, and your relationships happier.

Grab your poles and lace up your boots for two beautiful Sept. hikes.

On Wed 9/7, Sharon Kimball will lead a 4-mile, 250' elevation gain hike around Flora and Azalea Lakes near Soda Springs.

Janine Martin will lead a 6-mile, 1000' elevation gain hike on **Wed 9/26** from Lang Crossing to Spaulding Lake. Contact Jane at ianeinsierras@amail.com for the 2022 schedule and to be added to our email list.

Branch Support: Ways and Means & Sponsors





Chris Boykin, Ways & Means Chair

The Ways and Means Committee
is responsible for raising money for our Branch operations. Our
Branch expenses include facility rental, advertising, speaker and program expenses, and membership development.

From each member's annual dues, \$16 goes to our Branch. Members donate and buy

gently used books, and purchase t-shirts, totes, visors and other AAUW branded items to raise money for Branch expenses.

If you haven't already done so, please consider selecting **AAUW Nevada County** as your charitable organization on your **AmazonSmile** account. AmazonSmile is available at **smile.amazon.com** on your web browser and can be activated in the Amazon Shopping app for iOS and Android phones. Each time you purchase something on AmazonSmile, the

Amazon Smile Foundation donates .5% of the purchase price to your selected charity. It's amazing how the donations from AmazonSmile add up! The money generated from AmazonSmile goes toward Branch operations.



AAUW sterling silver pendant & chain

We hope to have some new items for sale at our

September Brunch and some fun raffle items this year. One of our first raffle items will be this gorgeous sterling silver AAUW necklace.

Do you have a lovely item to donate for a raffle item? Maybe a designer purse, other fine jewelry or AAUW items? Let me know! I'm looking forward to a productive year as your new Ways and Means chair. Stop by the Ways and Means table at the September 17th brunch and say Hi and see what we have to offer.

Thanks to Our Generous Sponsors!

These businesses have generously supported our Branch as individual underwriters. In the future we are looking for underwriters to sponsor meetings and plan to highlight their businesses in those sponsored meetings.

- Bodacious Blooms Flower Farm Karen Hull
- KNCO News Talk 830
- MOVE! Fitness Studio
 Marilyn Rohrbacher
- Sierra Tech Guy David Ball
- Sierra Timberline
- Sierra View Medical Eye, Inc. Keith Mercer, MD
- SPD Market Ben Painter
- Westamerica Bank Bernadette & Ed Sylvester
- Jennifer L. Wilkerson, Attorney at Law





Jonellen Goddard

Jonellen Goddoard passed away August 22, 2022 with family at her side. Jonellen was a longtime and beloved member of AAUW-NC, and for many years was our fierce Lodestone editor, a true character and a person full of joy in living.



Her Lodestone requirements were written in stone, and she made clear they were to be followed, for if you submitted the wrong font, attached pictures incorrectly, gave her an article too long for her specifications or any such guideline violation, you would hear from her. She could be very blunt, but she was equally smart, so hard-working, so full of life. She taught geology at UC Davis before retiring here. We were lucky to have her; her dedication was serious and her love of writing and editing was a great gift to the Branch.

We were sad to see her move north, out of state, but she was able to be with family in her last years in Seattle, Washington.

-Contributed in part from Katherine (Bup) Greenwood



Liz Rees

Liz Rees passed away August 10, 2022.

Liz Rees was a longtime Branch member who contributed her talent and high level skill set to establishing and then maintaining the Branch database

and faithfully generating the Membership Directory for over a decade. Liz was key to so much technical information that we lost a great resource when in 2013 she decided after many years with the Branch to dedicate herself to her art craft and her large property.

Liz was born in the Bay Area, but raised in both the urban and rural areas of Northern California. She worked in the electronic industry for 25+ years and was part of the downsizing every time there was a downward shift in the economy. She was a three-time cancer survivor and her health issues landed her on permanent disability long before she was ready to end her career. In her words, she "lived through some challenging times and came out the other side still smiling." Her fourth battle she did not survive. In her last decade Liz started a craft business, traveling to shows and festivals in Northern California. She said, "One of the best parts of this freedom is the opportunity to meet people and develop friendships." Liz was 74.

Audrey Ohlson Smith

Audrey Ohlson Smith passed away in her beloved home in Grass Valley, CA, on July 16, 2022, with family close at hand. She was 91.

Born in Chicago, Audrey was the eldest of five children and the first in her family to attend college. Valedictorian of her high school class, she

earned a full-tuition scholarship to Northwestern University. There she met first husband, Glenn Ohlson, with whom she had four children.

Audrev at the May 3 Installátion

Audrey taught elementary school in Illinois, California, and Michigan before Luncheon being asked to "retire" (per the custom of the times) when she became pregnant with her first child. Even though she was forced to retire from teaching, she continued an active work life with writing and political activism. Her political involvement led her to her second career, with the California Teachers Association, which began as her marriage to Glenn was ending. Audrey represented teachers and their interests in the state leaislature. Politics also introduced her to second husband, Jack Smith, then president of the San Mateo County Central Labor Council. Their wedding ceremony was performed by Rose Bird, the first female Chief Justice of California. Later, they moved to Folsom to be closer to Audrey's work in Sacramento.

She and Jack eventually moved to Eskaton Village, Grass Valley. Jack preceded Audrey in death. Audrey was an active Branch member, participating in book and discussion groups and regularly attending events and general meetings. She was a familiar face and lovely presence to those who knew her. Her full obituary is available in **The Union**.

New Members



Please welcome the eight new members joining since the New Member Tea in April. Contact information will be provided in the new membership directory.

Carol Bordeau heard about us from a friend. She is interested in the hiking and Mahjong interest groups. She would like to help the Branch with the AAUW Fund and hospitality. Carol has a nursing degree but is retired and loves to travel.

Jane Punneo also heard about us from a friend. Her education includes degrees in political science, international relations, and a J.D. in law from Hastings College at UCSF. She is interested in book group, and has skills as a photographer and writer.

Gail Shulz has degrees in history and a J.D. in law from the University of Michigan. She is a volunteer at her church, plays the piano and enjoys needlepoint. She indicated that she is interested in the MahJong and Great Decisions groups and would be willing to help with local scholarships, bookkeeping and writing.

Susie Patterson came to us ready to get involved, having joined and immediately becoming a dorm mom for this summer's Tech Trekkers! Susie has a degree in liberal studies and a real interest in Tech Trek. She is presently the principal of Scotten School.

Bonnie White has a BS in business and accounting. Her interests are in reading, knitting, travel, and history. She has indicated that she would like to join the book discussions and walking groups.

Shari Coats learned about us from member Chris Boykin. Shari has a BA and MA in



Deb Cubberley, Membership VP

English and another MA in linguistics. Taking a cautious approach, she has expressed no particular Branch-related interests yet. We can hardly wait to fill her in.

Carol Raynsford works parttime as a occupational therapist specializing in hands. Her degree is a BS in occupational therapy. Her hobbies include gardening, hiking, and kayaking. Carol has expressed an interest in the garden group and the hiking/walking group. She would like to offer assistance to the Branch with local scholarships.

Karin Quinn has a BA in psychology and post graduate work in accounting. She is presently working parttime as a CPA. Karin's hobbies are gardening, knitting, bird watching and outdoor activities. She has expressed an interest in joining the book group, the garden group, and the hiking group. She would be willing to help the Branch out in a number of areas.

Membership: How to Join

Membership dues are \$103 and are distributed as follows: National Dues - Required \$67.00; California State Dues - Required \$20.00; Nevada County Branch Dues - Required \$16.00; Total Required Dues **\$103.00**

Total Dues + Donation \$_____

We do not want to lose potential members due to lack of funds. Please feel comfortable requesting anonymous help from the Angel fund. In memo space of your check, please write, "Request Angel fund".

To join by check:

- Make check in the amount of \$103 payable to AAUW-NCB
- 2. Send to AAUW Nevada County Branch Membership, P O Box 326, Grass Valley, CA 95945-0326.

To join online:

 Go to the Branch website, <u>AAUW Nevada County</u> (<u>CA) Branch</u>

- 2. On the Home page, click the **Donate** button
- 3. Type in \$103 (or more if you wish to include a donation to any

scholarship or the Angel fund).

4. Click the plus sign + next to Write a Note and in the text box that appears specify what the donation is for by writing: members renewal dues (and who

for by writing: **membership renewal dues** (and whatever else if you choose to donate to a scholarship fund or the Angel Fund).

- hip Interver Inate to the Angel
- 5. Type in the credit card/debit card information, Billing Address and your Contact Information.
- 6. Click **Donate Now** and you're done!

For questions contact: Membership VP **Deb Cubberley**: debcubberley@comcast.net