

The Lodestone

March 2023



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**SATURDAY
MARCH 18**

**Doors open-9:30 AM
Program-10:00 AM**

**Peace Lutheran Church
828 West Main
Grass Valley**



Building Resilient Youth

—Jennifer Singer

The March Branch meeting will explore:

- *How resiliency and protective factors can help one overcome adversity*
- *How Bright Futures for Youth helps our children develop resiliency*



Jennifer Singer

Our keynote speaker, Jennifer Singer, is the longtime Executive Director of Bright Futures for Youth. Jenn will share how the organization connects with and helps youth in Nevada County – and how you can become involved.

Bright Futures for Youth, a community-focused organization, has developed first-of-its-kind and innovative programs to serve children and young adults in Nevada County for more than 25 years. The nonprofit helps hundreds of youth every month, from offering after-school programs and trips to visit colleges on weekends, to providing a range of services such as ensuring access to health care and counseling, to clothing and healthful meals. The program helps youth address challenges – from challenges at home to struggles at school – and become more resilient, while providing them the tools for a strong foundation in the future.

AAUW Mission

The mission of AAUW is to advance gender equity for women and girls through research, education and advocacy. To that end, the organization encourages its members to actively participate in public discussion to ensure enlightened advocacy on the priorities of AAUW as established by members. Priorities were adopted in May 2019 and can be found on the AAUW website under AAUW Public Policy Priorities.

Deborah York

The year is moving fast, and we are gathering steam. Members are engaged in robust discussions about foreign affairs (Great Decisions), fiction, and non-fiction books, and how to help our high schoolers navigate rough waters with inclusion and respect for diversity in schools. Hikers are climbing challenging mountains with panoramic views, gardeners are admiring native plants and surely longing for spring when the ground can be tilled. Writers are gathering in community and spinning their tales, and crafters are making lovely bouquets of button flowers to brighten inside rooms. The Mahjong games continue, we gather to relax and paint with watercolors, and the Gnow & Jaw groups are enjoying communal feasts.

Many of you have rolled up your sleeves and are digging in to help make our Tapas & Trivia fundraiser a huge success. Quite a few of you have agreed to serve on our Board in the coming 2023-24 year. Our current Board works extremely hard to bring you this *Lodestone*, exciting monthly programs, a fiscally sound club, growing membership, and public presence in

Nevada County. New members **Bonnie White** and **Ann Gould** have secured **The Miner's Foundry and Emily's catering to host and support our Installation and Luncheon on Thursday May 18th**. Mark your calendars, more info to follow next month. Our outstanding programs continue to attract guests from our community. We welcome new members after each event and are building bridges from our community to our Branch and from our Branch to our Board, clearly a sign of growing inclusiveness.

Our Local Scholarship teams are heads down reading applications for the coming awards and our Tech Trek team is selecting participants for this summer's camp. We are doing good—for ourselves, each other, and in our community. I am grateful and proud to serve as your President.

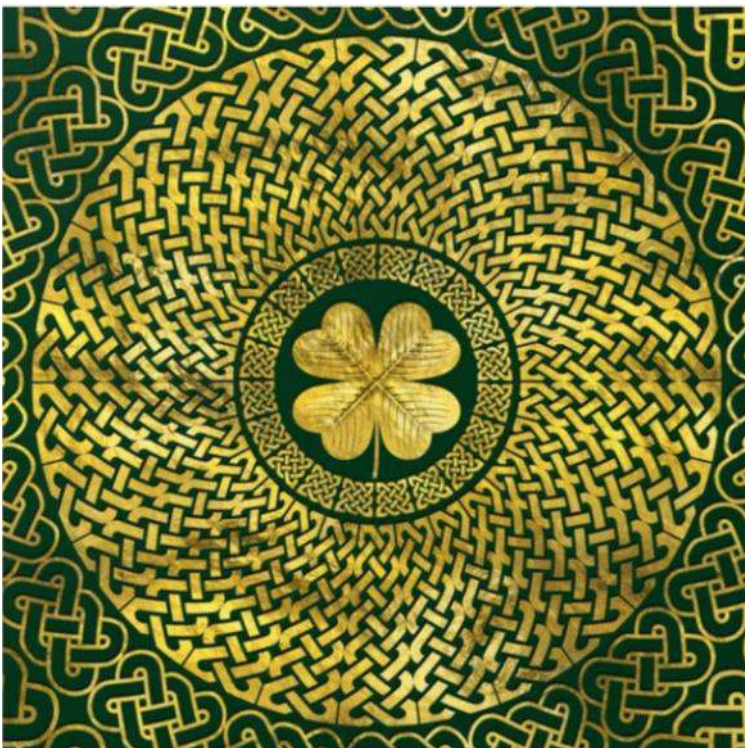
—*Deborah York*



President Deb York

Covid Guidelines

1. We will assume all Branch members are vaccinated and boosted. If you are not, please wear a mask and let Deb York know, and we will accommodate.
2. If you are experiencing symptoms associated with Covid 19 (fever, headache, loss of taste/smell, sore throat, cough, muscle/joint aches, shortness of breath, etc.), please stay home from Branch activities.
3. If a close family member has symptoms or has tested positive, and you do not have symptoms, please mask when carpooling or attending indoor meetings.
4. If you have been traveling with increased exposure, please wear a mask for 5 days after returning if you are attending indoor meetings.
5. A meeting host (interest group leaders, committee chairs, etc.) may request participants to test negative prior to attending meeting or wear masks.
6. If you have been exposed to someone who has tested positive (with/without symptoms), please alert meeting host and wear a mask.
7. We will track Nevada County Covid rates and follow all local government and CDC guidelines. We will notify all Branch members of any changes to these guidelines.



EXECUTIVE COMMITTEE

President	Deborah York
Past President	Katherine (Bup) Greenwood
Secretary	Francesca Erickson
Finance Officer	Jennifer Wilkerson
Program VP	Mari Weaver
Membership VP	Deb Cubberley
AAUW Fund VP	Carol McMillan

APPOINTED OFFICERS

Local Scholarship	Rhea Williamson
Public Policy, DEI	Melanie Heckel
	Lisa Turlo
Publicity	Martha Rees
Social Media	Open
Tech Trek	Martha Rees
Ways and Means	Chris Boykin
Communications	Katherine (Bup) Greenwood

STANDING COMMITTEES (NON-BOARD FUNCTIONS)

Lodestone Editor	Cece Royal
Distribution	Jan Williams
Directory/Database	Cece Royal
Hospitality	Gretchen Corbin
Interest Groups	Susie Monary-Wilson
Friendship	Pat Pedersen
Historian	Margaret Munson
Fundraiser	Nancy Jeffery
Financial Underwriters	Karen Hull
Development	
Photography	Martha Rees
	Bernadette Sylvester
	Sue Miller
AAUW Msg Line	Cece Royal

Board Highlights

1. Tapas & Trivia: Online ticket sales are now possible & encouraged using the Donate button.
2. Though Interest Groups seem to be thriving, members will be polled to see if there are ideas for further improvements.
3. DEI: Group attended NJUSD meeting; heard revised proposal by students regarding DEI; the update was well received.
4. Tech Trek: Twenty-two nominees from ten schools; decision to be made on final six by April 1st.

Video Recording of February's Program

Donna Sangwin spoke at the February general meeting, providing attendees an overview of her nonprofit organization, ReCreate. As a thrift store for recycled arts/crafts materials as well as a studio that allows shoppers to work on projects, ReCreate is open to the public. In addition, ReCreate has an outreach program that takes projects to schools in the greater Sacramento region. ReCreate seeks to emphasize creativity, pairing STEM concepts with art, using recycled materials. (Some materials may be labeled "recycled" but they

in fact have never been used.) Recreate encourages experimentation and an awareness of what is possible.

To view the complete presentation, click the adjacent YouTube image.



Donna Sangwin
Founder of ReCreate

Audio Recordings of November's DEI Student Panel

Students' answers to the questions listed below revealed their experiences during the past couple of years, dealing with COVID, disrupted education, isolation, and difficulties returning to "normal." After clicking the link, click **Download**, and then **View** to listen to each audio.

1. What can you tell us about your experiences with Covid lockdown and how it has affected you?
https://drive.google.com/file/d/1MbmODkUoQKkW7PCoyuilue2v7Q5GJ5vW/view?usp=share_link
2. Have you had experiences feeling "other"; what impact have these experiences had on you?



Lisa Turlo
Panel Facilitator

https://drive.google.com/file/d/1k-BYvpPflqVGoQ4CxAtzHWjH2cZApH5/view?usp=share_link

3. What has your school been doing to encourage Inclusion and support diversity?
https://drive.google.com/file/d/17U4r934N5ra6ti_NN_02sZuWKNRC4-3p/view?usp=share_link



**SATURDAY
APRIL 29
4-7 PM**

PEACE LUTHERAN CHURCH
828 W MAIN ST., GRASS VALLEY

Tickets \$35



Tapas & Trivia is shaping up in exciting ways for what we believe will be a memorable and historic event! As we head into this final stretch, we hope you'll get involved in the excitement by doing the following...

Purchase Tickets Now!

Tickets are available on the Branch website. [AAUW Nevada County \(CA\) Branch](#)

To purchase tickets online:

1. Click the **Donate** button
2. In the screen that appears, enter the dollar amount and click the payment type (PayPal, or Credit or Debit card).
3. In the screen that appears, click the plus (+) sign next to **Write a note**, and type Tapas & Trivia ticket(s). Please include your name and the name(s) of any guest(s). Fill in the remaining info and submit.

Online purchased tickets will be honored as will call at the door, or pick up at the March meeting.

Volunteer!

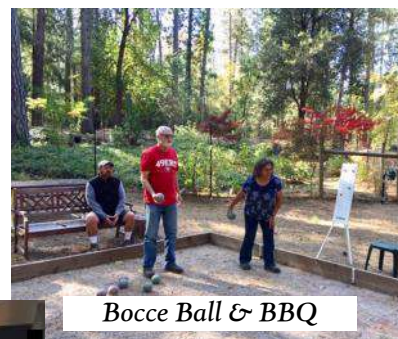
Please contact **Nancy Jeffery** if you are interested in helping out in any of these areas:

- ♦ **Food Preparers**—using a provided recipe, prepare a tapa.
- ♦ **Golden Retrievers**—fetch donations, store, and bring prior to event.
- ♦ **Hunter-Gatherers**—seek gift cards and donations from local businesses; we have a list of all those who donated in our last events.
- ♦ **Basket-Makers**—assemble donations, gift cards, and make pretty baskets with cellophane and ribbons.

najeffery@gmail.com or text/call 530.802.1038

Take a Look at a Sampling of Auction Items

- **Bocce Ball & BBQ for Eight**—Donated & hosted by **Susie & John Monary-Wilson**
- **John's Pies**—Six gourmet pies throughout the year from legendary pie maker **John Shulse**
- **InConcert Sierra**, Two Season Tickets—World class music events, donated by **Barbara Drew & Robin Lavery-Reves**
- **Massages (Dreams in Motion)**—\$90/hr. Two sessions, donated by **Rhea Williamson**



Bocce Ball & BBQ



Legendary Shulse Pies



InConcert Sierra Season Tickets

More Auction Items

■ Party Ponies, Johnny & Cash!

Want to have a special unicorn guest at a birthday party or other event? Johnny and Cash are ready to celebrate. One or both miniature horses can join you or maybe you would like to visit them in south Nevada County. Donated by **Carol McMillan** family



■ Lavender Inn by the Sea, Santa Barbara

Two nights, centrally located in Santa Barbara, steps from Carriage and Western Art Museum and within a 10-minute walk of Moreton Bay Fig Tree. This hotel is 0.4 mi (0.7 km) from Santa Barbara City College and 0.6 mi (0.9 km) from Santa Barbara Maritime Museum.

Donated by **Carol McMillan**



■ Kauai Beach Getaway

Five nights in the Kauai Beach Resort & Spa, which sits on 25 lush, tropical acres. Centrally located between Kauai's North and South shores, the Kauai Beach Resort & Spa is minutes from the airport, tucked down a tree-lined drive. Framed by sensational landscapes with four resort pools.



■ Thailand Luxury Resort

Six nights in a junior suite at the Pullman Phuket Panwa Beach Resort, a Fairmont-managed 5-star luxury resort, including daily breakfast for two. Private beach to paddle board, kite surf, kayak, etc. Three freeform pools, spa, massages, Thai cooking classes, and floating afternoon tea or breakfast are all in the mix.



■ Mexico Beach Resort

Choice of:

Nuevo Vallarta (home to an Aqua Park, kids club, golf courses), or

Riviera Maya (diverse world cuisine, Cirque du Soleil dinner show, and golfing)

Acapulco (spacious rooms, private pools, and sprawling Lazy River)

Los Cabos (triple-tiered expanse of pools, white-sand beach)



March 14 is Equal Pay Day This Year

What is Equal Pay Day? It is the date when women's salaries catch up to what white men were paid in the prior year. Since women currently make 83 cents for every dollar earned by white males, we have to work 2 ½ months longer to catch up. As I wrote in the February Lodestone, black women make only 64 cents on the dollar and Latina women make 57 cents on each dollar earned by white men. What can we do to change this? As I wrote in February, contact your senator to pass the Paycheck Fairness Act, which was approved by the House on April 15, 2021, but needs approval by the U.S. Senate.

Let's Pass the Equal Rights Amendment (ERA)!

Believe it or not, the ERA was first introduced into Congress 100 years ago, with the goal of guaranteeing equal legal rights for men and women under the U.S. Constitution. By 1977, the ERA was ratified by 35 of the necessary 38 states. However, because Congress imposed an arbitrary deadline to complete ratification by 1982, the ERA could not become law when the final three states ratified it years later (Nevada in 2017, Illinois in 2018, and Virginia in 2020). With your help, we can change that.

On January 24, Senator Cardin filed S.J. Res. 4 to remove the deadline. Soon after, on



January 31, Rep. Pressley introduced a similar bill in the House (H.J. Res 25). If passed, these measures would allow Nevada, Illinois and Virginia to

count toward ratification, and the ERA would finally become the 28th Amendment to the U.S. Constitution. Please contact our U.S. Senators and our Congressman, Kevin Kiley, to support these resolutions. Women cannot wait for Equality any longer!



Melanie Heckel
Public Policy Co-Chair

March 21 and 22 are Lobby Days for AAUW in Sacramento



AAUW members all over California will be working to support AAUW priority

legislation pending before the California Legislature. This could involve meeting with an Assembly member or State Senator or staff member in Sacramento, in the home district, or on Zoom. I was involved in this effort last year. Sadly, neither Assemblywoman Megan Dahle nor Senator Brian Dahle would meet with us. This is a sad state of affairs when your legislators refuse to meet with you! Instead, a few members from AAUW-NC and the Auburn branch met on Zoom with a staff member of a legislator from Southern California without an AAUW Branch within it. We discussed AAUW supported bills and many of them did pass last year. That was the good news! In a future *Lodestone*, I will let you know what our priority bills for California are for this year and let you know how our Lobby Days went.

Women belong in all places where decisions are being made. It shouldn't be that women are the exception. - Ruth Bader Ginsburg

The Committee, the Process, the Categories, the Future

The Local Scholarship Committee (LSC) Leadership Team recently met with the Full Team to review our goals and achievements. It is all very exciting! Everyone is so engaged and excited, supportive and collaborative...what a team!

We are beta-testing an evaluation rubric that combines a rubric created by **Terry Juhl** and **Andrea Vetter** with rubrics available online and then fine-tuned thanks to the expertise and brainstorming of **Lisa Turlo** and **Ann Shulse**.

We are also creating a new funding mechanism for 2024 titled "Fund a Discipline" that will build relationships with external partners and support a woman in a specific discipline (e.g., nursing, aviation, engineering, business).

At the core of our committee's primary purpose, many Full Team members are busy reading and evaluating application requests for funding. Readers are reporting back on how difficult the review process is because so many of the applicants are amazing and outstanding students in need of financial support. Many readers express the need to be able to support more applicants.....a goal I know we all share and are working towards. Some readers are experimenting with the new rubric, and are reporting back on its ease of use and agreement with prior methods. To be fair, not everyone likes using a rubric, but it is wonderful that they are trying it out. And, we have new members expressing interest in the LSC: welcome **Doni Kobus**, and **Carol Raynsford**! Also welcome **Kathy Scott**! We will soon announce our new scholarship recipients for 2023-2024...stay tuned!

As many of you already know, we currently offer scholarship funding in five categories:

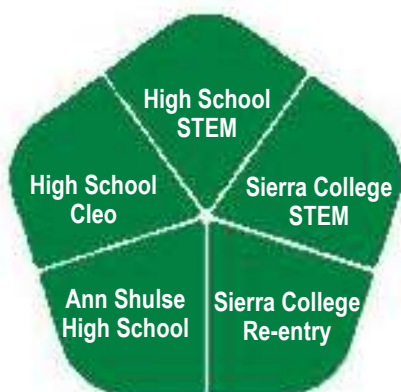
(1) the High School STEM, (2) Sierra College STEM, (3) Sierra College Re-entry, (4) High School CLEO, and (5) Ann Shulse High School awards. These awards currently total an annual investment of \$25,500 for college-ready Nevada County girls and women. The funds are the result of the efforts of everyone in the AAUW Nevada County Branch through their underwriting efforts, member donations, holding fundraising events (think Tapas and Trivia), Cleo Gibson's bequest, endowment portfolio market gains and the like, and it is working.



Rhea Williamson
Local Scholarship Chair

In response to a potential increases in funds, the LSC Full Team voted unanimously that, in response to potential increases in funds, we will increase the dollar amount of awards.

Already this year we are able to increase some award dollar amounts thanks to private and business donations, and a \$2000 bequest from Jonellen Goddard, which will provide additional support for the Re-entry Scholarships. Thank you!



Local Scholarship Categories

Moving forward, our goal is to continue to increase award amounts for an initial annual investment goal of \$37,500, and as more funding becomes available, we will then increase the number of awards and award amounts with projections of need up to \$49,500. It is important to note that while the annual investment of funds for education depend on donations and fundraising efforts, there are notable exceptions. The Cleo Project Account and Cleo Scholarship Account will fully support the Cleo High School Scholarships until expended several years from now, and the Ann Shulse Scholarship supports one college student with a one-time fund of \$3,500.

All for now until, TA DA, Tapas and Trivia! —
Rhea

Rio Kane Revels in San Diego Sunshine

By Lisa Turlo



Rio Kane loves life at Point Loma College in San Diego. The first semester was an adjustment, but Rio's grades were really good. For the second semester, Rio is taking US Democracy, Spanish 2, Cultural Anthropology, Psychology, and Old

Testament.

One of the most amazing things about Point Loma College is its location at the end of Point Loma perched on a cliff overlooking the ocean. From her dorm, Rio can watch the sunset over the Pacific Ocean. And she often walks to the cliffs.

Rio keeps busy with playing volleyball for the school as well.



Christina Racine Transfers to Sacramento State College

By Rose Tammi

Christina graduated from Sierra College in the Fall of 2022 with an AA in Psychology and Social Behavioral Science with a 4.0 GPA. When she completes her last American Sign Language Class online, she will receive both an AA and a Certificate of Completion in Deaf Studies in May of this year.

Christina transferred to Sacramento State in

January to complete her bachelor's and master's degrees in Psychology and Counseling.

At Sacramento State, she will take Navigating Psychology, Methods and Statistical Psychological Research, Cross-Cultural Psychology and Psychological Aspects of Aging.



Christina Racine

Gov Trek, New AAUW CA Program, Encourages Public Service

This virtual program for **high school junior** and **senior girls** was launched in January with a keynote pre-recorded address by former Speaker of the House Nancy Pelosi. To watch her recorded message, click the image of her.



This program is designed to motivate the next generation to pursue careers in public service and elected office. Over five two-hour sessions, students will engage in interactive and inspiring

activities with exposure to women legislators, career options, and the inner workings of a political campaign. The program will culminate in a group competition to create a realistic campaign simulation. Former Tech Trekker **Sid Pixley** will be attending these sessions and has voiced great enthusiasm. We anticipate hearing from her. To learn more click this link: [Gov Trek – AAUW California](#)





Martha Rees
Camp Co-Director &
Tech Trek Chair

Latest Updates

The year is flying by, and we are getting into the thick of things with the 2023 Tech Trek program. We've been reading teacher nomination forms, nominee applications and essays, and March brings our nominee

interviews and final 2023 Nevada County Trekker selection. We have 22 7th grade nominees representing 10 (ten) different schools; the girls were nominated by their science, math, and/or technology teachers. We can't wait to meet them and learn more about their unique being – their hopes, challenges, passions, dreams, and more. The tough part is making the final selection since we can only send six girls to Tech Trek @ UC Davis – it's the most that any branch is allowed to send. We will select three alternates just in case an additional spot opens up. Final selections will be announced around April 1st ... no fooling!!!

On the Tech Trek camp front, plans and staffing are coming together. The 2023 Tech Trek @ UC Davis will be July 9-15th and will have 90 girls from 23 different branches throughout Northern California. In addition, nine former Trekkers will be selected to serve as counselors for the week. This year we are happy to have **Ava Johnson**, who most of you have seen behind the video camera at our monthly meetings, as our camp Tech guru and videographer. A former Trekker,

Ava was a counselor at last year's Tech Trek @ UC Davis and has been a virtual Tech Trek camp coach since 2021. Among other camp volunteers will be Branch Member Michelle Baker returning as dorm mom.



If you are interested in volunteering as part of the Nevada County Tech Trek Committee or UC Davis Tech Trek camp, please contact Martha Rees, mjkrees@yahoo.com. It takes a village to offer this opportunity to our local girls. Thanks for everyone's support!

Caption: Teams of three Tech Trek Committee members, including **Chriss Hood** and **Kathy Scott**, (photo below) will interview each of the 22 nominees at Nevada City Engineering. Thanks to Michelle and John Baker for making the conference room available.



Chriss Hood & Kathy Scott, ready to interview candidates.



March 25,
9 AM – 3 PM

We are excited that the Nevada County STEAM Expo is back – and AAUW Nevada County Branch will be there!! Sponsored by the Nevada County Superintendent of Schools (NCSOS), the event is a chance for elementary through high school students and families to participate in a free day of activities related to science, technology, engineering, art, and math (STEAM). The Branch will have a display/exhibit/booth focused on women in STEM and female inventors. To make the exhibit more exciting we're looking for things to display – from windshield wipers (invented by Mary Anderson in early 1900s) to items made with Kevlar (invented

by Stephanie Louise Kwolek in the 1960s), and many others. Check out just some of them: <https://interestingengineering.com/innovation/female-inventors-and-their-inventions-that-changed-the-world-and-impacted-the-history-in-a-revolutionary-way>

Please email Martha Rees, mjkrees@yahoo.com, if you have items you'd like to lend for the display or have any ideas. We will also have an activity for young attendees who stop by our booth – making a UV-bead bracelet or a zipper/backpack tag that will change colors in the sun. Want to help? We will need help with set up and during the event, so contact Martha if you are interested in helping. Also, it's a great event to share with youngsters in your life; be sure to stop by the booth if you bring them.

In addition to our commitment to AAUW Nevada County Branch's mission to advance equity for women and girls through advocacy, education, philanthropy, and research, we provide educational and enrichment opportunities for our members through **ten different Interest Groups** that meet monthly. If you would like to learn more about the Interest Groups, please see the leaders' contact information in the AAUW Membership Directory or contact **Susie Monary-Wilson**. 530-470-9272



Susie Monary-Wilson,
Interest Group Coordinator

American Mahjong — Ann Frankel



The AAUW Mahjong group will resume monthly meetings starting **Saturday March 18th at 1 PM** at Ann Frankel's house. Please note this is a new day of the week. The 2023 American Mahjong Card can now be ordered and will be required for play. You can purchase a card from the National Mah Jongg

League: <https://nationalmahjonggleague.org/> If you are interested in playing and/or have any questions, please contact Ann at 530-205-6622 or 01012013af@gmail.com.

Arts and Crafts — Teri Mc Connell



For our March craft we will be making this cute button bouquet in a saltshaker. This will be held on our regular first **Thursday date, March 2nd, at 10:00 AM** at the home of Kris Vasser. For more information, please contact Kris Vasser (kmvasser43@gmail.com) or Teri McConnell tjmccconnell@earthlink.net.

Diversity, Equity, Inclusion — Lisa Turlo



The DEI Interest group met at Rhea Williamson's beautiful home on February 15th. Members shared data gathering information about Nevada County demographics. We are looking to get trained to tutor ESL students later in spring. Several members attended the Nevada Union High School

Board Meeting in February and were pleased to see the new board is looking to vote on the Discrimination resolution that our panelists worked on last year.

Finally, our official name will now become: IDEAS: Inclusion-Diversity-Equity-Action-Squad. We will meet again on **Wednesday, March 15**. Contact Lisa Turlo at lisaturlo59@gmail.com for more information.

Book Discussions

Mostly Fiction — Robin Laverly-Reves

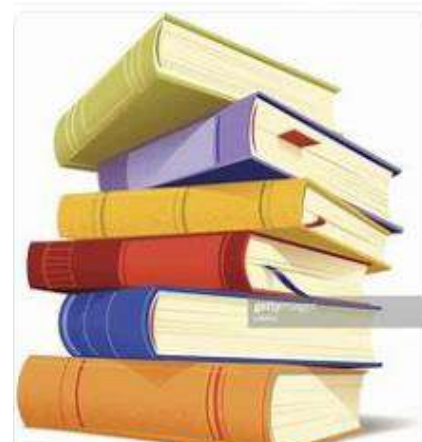
The Mostly Fiction Book group will discuss *The Rent Collector* by Camron Wright on **Thursday, March 9th at 1:00**. This remarkable novel based upon true characters transports the reader to Cambodia's largest municipal waste dump and the extreme challenges of caring for a family. The story illustrates the redemption of literacy. The interest group members will receive reminder emails at the beginning of each month including the location and other details about the meeting.

If you would like information about the Mostly Fiction book discussion group, please contact Robin: robinreves@comcast.net.

Non-Fiction — Diane Kellegrew

The Non-Fiction Book Club looks forward to our next meeting on **March 21 at 1 PM** to discuss *On Animals* by Susan Orlean. This book of essays includes some of those Orlean published in periodicals such as *The New Yorker*, *The Atlantic*, and the *Smithsonian*. The *New York Times* review noted *On Animals* celebrates our relationship with other species, "living with them, loving them, hoarding them, using them," and explores how that relationship "says something about who and what we are... It makes for a witty and entertaining volume." The book has something for everyone, whether an animal owner or not.

If you are interested in joining us, please contact Diane Kellegrew (diane.kellegrew@gmail.com) for meeting location and details.



Reading books exercises your brain! A team of researchers at Stanford University discovered... [subjects read books by Jane Austen!]—increased blood flow to multiple areas of their brains!

Garden Group—Janine Martin



The Garden Group will be meeting **Thursday, March 23rd** from **10-12** at Peaceful Valley Nursery in Grass Valley. We will have a presentation on soil amendment. Please let me know if you will attend. Daffodils are emerging. Please rsvp to Janine Martin 530-263-5894 or janineandgalen@gmail.com Also

if you are not on the list or receiving emails, please let Janine know.

Gnaw and Jaw — Deb Cubberley & Chris Boykin



We had our second restaurant event for our Gnaw and Jaw group on Feb. 19 on the patio of Alloro Cucina Restaurant in Grass Valley. There were 21 in

attendance, and we ate our way through fried calamari, salad and a delicious selection of pasta dishes. Our April theme is "Farm to Fork". It will be fun to see what the different groups come up with for this one. We will have one more restaurant event, most likely in May before we end the AAUW year and choose new groups starting in September. It's not too late to join a group as not all groups are full, and singles are always welcome! For more information contact Deb Cubberley debclubberley@comcast.net or Chris Boykin at chrismboykin@gmail.com

Gracious Helpers — Pat Pedersen



Gracious Helpers is a group that provides meals for members who are suffering from a trauma. It might be an injury, death, or surgery for themselves or a husband or significant other. We determine the needs of the member, such as dietary necessities, day of delivery and time of the delivery. We use a website called Meal Train, which

provides us with a page for the recipient. The page provides not only all their information and needs, but also a calendar which we use to let each other know the days that are available for meals. We are beginning again to need meals for our members. Consequently, we will need more volunteers to provide these meals. They can either make homemade meals or use restaurant meals. We deliver easy meals, and most providers make meals which they usually make for themselves. If you can assist us, please contact Pat Pedersen at 530 477 1881 or ppedersen76@comcast.net. She will be happy to explain the process to you.

Great Decisions — Susie Monary-Wilson



Great Decisions will meet on Tuesday March 28th from 10 to noon to discuss chapter 4, Economic Warfare, led by Bernadette Sylvester and Sue Van Son. We'll meet at a **new location**, Grass Valley United Methodist Church, 236

South Church Street, Grass Valley. Please contact Susie Monary-Wilson for more information at monarywilson@msn.com.

Hiking Group — Jane Winter

Two hikes are planned for March, featuring waterfalls, creeks and wildflowers!

Wednesday, March 1st

Barbara Perkins takes us to Deer Creek for an easy 3.6 mile hike along the Newtown Canal and the Chinese Bridge. **Monday, March 27th** Janine Martin takes us to North Table Mountain Ecological Reserve for a 4.1 mile hike to Phantom Falls.

Predictions are for a super wildflower bloom this spring and the majestic falls are already free flowing! Want to join the fun? Email janeinsierras@gmail.com to join the group or to get your questions answered.



Watercolor — Allison Rapp

Watercolor is all about pigment and water. The challenge is learning to control them to get what you want. More or less. Because it's well known that watercolor has a mind of its own, you also have to be willing to work with it and make something out of the collaboration. This month, we're looking at how to create depth in a painting by varying the amount of water you add to your pigment. We meet in the **evening** on the **3rd Wednesday** of each month. To join us contact Allison Rapp, AllisonRapp@gmail.com



Writing Group — Deb York

We have an expanding interest in writing and are forming a writing community. If you have an interest in writing, join us on **Monday, March 20th, 11-1** at the home of Justine Corbett. We will meet and share writing interests and options for working together. Our continuing writing group will meet **Monday March 13th, 1-3 PM** at the Madelyn Helling Library in Nevada City. Contact Deborah York deborah11623@gmail.com or 925.216.6140 if you are interested in participating.





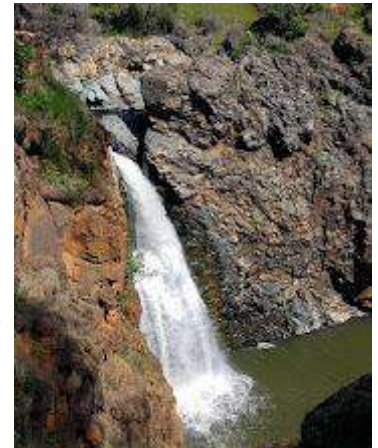
Gnaw & Jaw diners on Sunday, Feb 18, 2023, at Alloro Cucina Italiana restaurant



▲ On Wed 3/1 hikers will go to Deer Creek where Barbara Perkins leads an easy 3.6 mile hike along the Newton Canal and the Chinese Bridge.

March Planned Hikes

Mon 3/27 hikers will go to North Table Mountain Ecological Reserve where Janine Martin leads a 4.1 mile hike to Phantom Falls. Predictions are for a super wildflower bloom this spring and the majestic falls are already free flowing! ▶



▲ Arts & Crafts, Snowman Project ▼



▲ The DEI Interest group at Rhea Williamson's beautiful home on February 15th.
Note: The group's official name now is **IDEAS Inclusion-Diversity-Equity-Action-Squad.**

Oh my gosh!



Deb Cubberley
Membership VP

I must have been dozing. I missed something very important. A few months ago our directory and database person, Cece Royal, put our directory on our website. Why is this so important? Our membership directory, as handy as it is, is published only once a year. This means

that new members' contact information is not easily available to other members. Well, Cece has solved that problem. YEA! She keeps an **up-to-date, password-protected listing** of all members. BUT only members can get the password and access the site. If you need or want the latest information, email Cece

ceceliaroyal@gmail.com,

who will instruct you on how to do this.

More New Members!

We have four new members since my last column. This is testing my ability to keep track of all our wonderful new members and keeping me very busy. Joining at the end of January we have **Doni Mari Kobus**, a former AAUW member from years ago. Doni Mari has several degrees topped with a doctorate in curriculum and instruction. On her application she has expressed interest in many categories, so most of us will have a

chance to get to work and recreate with her. The other member joining in late January is **Kate Dumont**. Another member inspired her to join us; Kate is involved in a number of local non-profits, including Hospice of the Foothills, Center for the Arts and the Forever Young Chorus. She has broad interests. So you are likely to meet her in one or another interest groups. Her education is in US Foreign Policy.

In February two new members joined us so far. **Cindy Pawlowski** was incentivized to join by a friend and other brand new member, **Lisa Kirshbaum**. Cindy has been a Nevada County Library branch manager, so perhaps you have run into her. She now works parttime at Senior's First, but has many free time interests. Our other February new member is **Brett McWilliams** who joined at the February general meeting. Brett was a teacher of K-8 but is now retired. She also has

broad interests and wants to explore several of our interest groups. Brett jumped in with both feet. No sooner had she joined our branch than she purchased two tickets to Tapas and Trivia. Way to go!



PLEASE NOTE: New members will have a bee affixed to their name tags. Please be sure to introduce yourself.

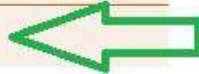
MEMBERSHIP

WHY JOIN AAUW-NC

REGULAR MEMBER APPLICATION

FRIEND OF AAUW APPLICATION

2023 MEMBERSHIP



In Memoriam

Leo Stovall, Honorary Life AAUW Member, passed away January 8. Though she was not able to be an active member in her last years, she kept up with the Branch news, thanks to Jan Williams' faithful delivery of a printed copy of the Lodestone to her every month.

Katherine (Bup) Greenwood also visited her and had this to say on learning she had passed away: *"I visited Leo during Covid but have not been to see her for too long. She was such a spirited and funny lady. She was from Canada but went to college in the States and met a wonderful man she married. Leo praised the superiority of American men over Canadian with emphatic detail. What a loss."*

*January 31, 2023, New Member Orientation
New members were treated to a tea and
some icebreaker fun at the home of
Membership VP Deb Cubberley.*



We also need to acknowledge the following businesses who have generously donated toward the support of our Branch. Please patronize them and thank them for their support!

- **Bodacious Blooms Flower Farm**
Karen Hull
- **KNCO News Talk 830**
- **MOVE! Fitness Studio**
Marilyn Rohrbacher
- **Move Like You Used To**
Allison Rapp
- **Sierra Tech Guy**
David Ball
- **Sierra Timberline**
- **Sierra View Medical Eye, Inc.**
Keith Mercer, MD
- **SPD Market**
Ben Painter
- **Westamerica Bank**
Bernadette & Ed Sylvester
- **Jennifer L. Wilkerson, Attorney at Law**
- **Wolf Mountain Spa**
- **Young Enterprises Rincon del Rio**



Ways & Means Just Buy 2!

Just 10 bucks for 2 raffle tickets!!

We're asking each member to "Just Buy 2" Raffle Tickets (\$5 each) for the Handmade Quilt or Shoulder Bag to support Branch operations (if your budget allows).

- Did you know that the cost for renting the Peace Lutheran Church for our meetings has gone up? Monthly costs are between \$400-\$500!



- Other expenses such as printing, mailings, supplies, advertising, and speakers have gone up too!

The Ways and Means budget supports these administrative expenses.

You can purchase raffle tickets at our monthly meetings or on our AAUW Nevada County website. [AAUW Branded Merchandise | Nevada County \(CA\) Branch](#)

We have a new AAUW branded item for sale! Double wall ceramic 11 oz. tumblers with silicone lids. Just \$10 each!! Get yours at the next AAUW meeting!!!!



Chris Boykin
Ways & Means Chair