# The Lodestone



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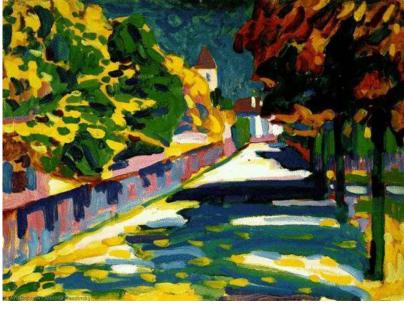
Our Underwriters—Thank you!

### **AAUW Mission**

The mission of AAUW is to advance gender equity for women and girls through research, education and advocacy. To that end, the organization encourages its members to actively participate in public discussion to ensure enlightened advocacy on the priorities of AAUW as established by members. Priorities were adopted in May 2019 and can be found on the AAUW website under AAUW Public Policy Priorities.

https://www.aauw.org/issues/

### September 2023



### Welcome Back Brunch! Saturday, September 16

9:30 AM, doors open; 10 AM, program starts

Peace Lutheran Church 828 West Main St, Grass Valley

September marks the beginning of the AAUW year and with it the traditional Welcome Back Brunch. When the doors open at 9:30 AM, guests & members are welcomed in for brunch goodies and a chance to explore the many Interest Group displays and AAUW branded items for sale. Interest Group leaders will be there to answer questions about their groups and perhaps excite your interest sufficiently to join one or more if you haven't already.

The program begins promptly at 10:00 AM, at which time President Deb York will open with introductory remarks. As tradition holds, we'll hear from the alumnae 2023 Tech Trek girls who will afford us glimpses into their summer's weeklong college camp residency where they attended classes, conducted experiments, and learned what it was like to live on a campus.

Bring a friend; all general meetings are open to the public. Enjoy frittata (both meat & vegetarian versions), pastries, fruit, and beverages.

See you there!

# President's Message & The Year's Programs

I can't wait to see everyone at our Welcome Back Brunch on Sept 16th. I am so grateful for the wonderful year we spent together and have great optimism for the coming year. I hope that you've taken some time to enjoy your families and friends and to relax a bit and care for yourself. We have accomplished much together in our branch. We added 26 new members last year, brought in over \$35,000 in fundraising to support scholarships and AAUW Fund, and sponsored many great programs along with active community participation. It is wonderful to hear the stories of delight & gratitude from our Tech Trek girls who spent an exciting week together at UC Davis. Equally fantastic to send our new scholarship girls off to college with funds we earned deposited in their college accounts and liaisons in place to check-in and encourage them. Board members and task teams have been working over the summer to plan programs/find speakers, create strategies for fundraising/underwriting, develop a new Branch budget, assemble our new directory, publish a summer Lodestone, and assure that all members were able to renew membership in

the Branch. I want to encourage you to continue

with the activities in AAUW that bring you joy and consider expanding to explore new opportunities with Interest Groups and/or working with teams to further our mission, e.g., Tech Trek, Local Scholarship, Fundraising. Event Planning, and Program support. This year I hope we can do more community outreach by



partnering with non-profits with *Deb York, President* similar interests and execute service projects to help those in need in Nevada County.

If any of you would like to get more involved either with the Board of Directors or temporary task teams for specific projects, please let me know.

See you in September, Deb

# The Coming Year's General Meeting Programs



Diane Kellegrew & Karen Hull, Program VPs

The monthly AAUW
Branch meetings offer a chance to connect, laugh, and learn through educational and inspirational speakers. This year,

our program topics will center around the theme of Sustaining Vibrant Communities. Our speakers will help us better understand what it takes to support and nurture this engaging community we call home.

In **October** and **November**, a Fire and Water series will delve into the intricacies of the Nevada County watersheds, water resources, and the delicate balance needed to maintain sustainable ecosystems. Our speakers include leaders from the Sierra Nevada Conservancy (October) and the Nevada County Irrigation District (November).

In **January**, we will hear about the inspiring work of the Nevada County Arts Council as they build robust artist supports and creativity opportunities. The arts in Nevada County are one critical component of a thriving community.

**February** speakers will discuss the successes and challenges with building comprehensive healthcare systems in Nevada County, including integrative medicine. Our speakers from Sierra Nevada Memorial Hospital are leaders in this effort.

The **March** program will explore securing inclusivity for students and community members, with special

focus on the LGBTQ+ community. This program builds on last year's riveting student panel discussion.

**April**, the last program of the year, focuses on the timely topic of the upcoming national election. The League of Women Voters, a non-partisan group, will inspire us, as women voters, through a review of primary results as well as local and state initiatives.

We hope you enjoy the 2023-2024 program line-up as we all seek to sustain vibrant communities.

### **Covid Guidelines**

- We will assume all Branch members are vaccinated and boosted. If you are not, please wear a mask and let Deb York know and we will accommodate.
- If you are experiencing symptoms associated with Covid 19 (fever, headache, loss of taste/ smell, sore throat, cough, muscle/joint aches, shortness of breath, etc.) please stay home from Branch activities.
- If a close family member has symptoms or has tested positive, and you do not have symptoms, please mask when carpooling or attending indoor meetings.
- 4. If you have been

- traveling with increased exposure, please wear mask for 5 days after returning if you are attending indoor meetings.
- A meeting host (Interest Group leaders, committee chairs, etc.) may request participants to test negative prior to attending meeting or wear masks.
- If you have been exposed to someone who has tested positive (with/without symptoms) please alert meeting host and wear a mask.
- We will track Nevada County Covid rates and follow all local government and CDC guidelines. We will notify all Branch members of any changes to them.

## 2023-24 Board, Voting on Nom. Comm. & Budget

### **EXECUTIVE COMMITTEE**

President Deborah York
President Elect Open
Secretary Ann Gould

Finance Officers Jennifer Wilkerson & Peg Flanders Program VPs Karen Hull & Diane Kellegrew

Membership VP Deb Cubberley

AAUW Fund VPs Carol McMillan & Mari Kobus

### **APPOINTED OFFICERS**

Local Scholarship Rhea Williamson
Public Policy, DEI Melanie Heckel
DEI Officer Lisa Turlo
Publicity Martha Rees
Tech Trek Martha Rees
Ways and Means Open

Communications Katherine "Bup" Greenwood

### **STANDING COMMITTEES (Non-Board Functions)**

Lodestone &
Branch Website CeCe Royal
Distribution Jan Williams
Directory/Database Bonnie White
Hospitality Gretchen Corbin
Interest Groups Susie Monary-Wilson
Friendship Pat Pedersen

Historians Margaret Munson & Shirley Zeff

Fundraiser Open Financial Underwriters Open Development

Photography Martha Rees

Bernadette Sylvester

AAUW Msg Line Sue Miller CeCe Royal



Bup Greenwood

# Nominating Committee 2023-24

Our Bylaws specify that the Nominating Committee shall have 5 members, two of whom are Board members elected by the Board of Directors, and three of whom are elected by

members at the annual meeting. [Bylaws IX,1. A]. In August, the Board elected **Deb Cubberley**, Membership VP, and **Bup Greenwood**, Immediate Past President, to the Committee.

At the Sept. 16 Brunch at Peace Lutheran, membership will be asked to vote to approve these three members (recommended by the prior committee members as per our bylaws) who have generously agreed to serve on the 2023-24 committee: **Jo Ann Castori**,

### Peg Flanders, and Karen Smith

Thank you to these five ladies for saying "yes" when asked to serve on this essential committee. That volunteer spirit is what makes this Branch work so well.

**Branch Proposed 2023-24 Budget** At the September brunch, members will be asked to approve the coming year's Budget, as summarized below.

<b>Branch Operations Only</b> (does not include Tech Trek, Scholarships or AAUW Funds)		
Beginning Balance =	15,588	
REVENUE		
Dues: Local Dues Income	2,000	
Program Sponsors	3,000	
<b>Business/Member Donors</b>	1,500	
Ways and Means	900	
Interest Income	100	
TOTAL REVENUE	7,500	
EXPENDITURES		
Admin & Operations	1,250	
Capital Outlay	300	
Communications	550	

Membership	150
Program Expenses	4,575
Public Policy	175
TOTAL EXPENDITURES	7,000
Revenue - Expenditures	500
Ending Balance projected	16,088



Peg Flanders Finance Co-VP



Jennifer Wilkerson Finance Co-VP

# Public Policy Education, Equal Pay, and the ERA

Summer is over, and it's time to rev up our engines and work to promote equity for women and girls!

#### **GOOD NEWS**

- 1. The California School Board Project. AAUW California is taking on this project and will host an important webinar on September 21st entitled "Book Banning and Curricula Censorship in California? AAUW California to the Rescue!" AAUW Nevada County is already ahead of the game on this, working with the Nevada County Joint High School District to support local students and providing a DEI forum for local students at last year's November meeting.
- 2. Scholarships for Women Given recent setbacks in the Supreme Court regarding student debt and affirmative action, it is even more necessary to fund women scholars. AAUW awarded \$6.3 million to 285 individuals this year through our Fellowships and Grants program a new record! Carol McMillan, our AAUW Funds VP, may report more on this.

#### **BAD NEWS**

Mom's Equal Day – AAUW has deemed August 15th Mom's Equal Pay Day, when we mark a stark reality: moms are paid 2/3 of what dads make in the workforce in the U.S. Moms are likely to be offered lower salaries, not be hired, or be forced to choose between their jobs and caregiving. The high

cost of child care and the increased burden of caregiving that falls on them pushes many women out of the workforce, particularly lowwage workers. That's why it's so important to work to pass the Paycheck Fairness Act! What can you do? Contact Representative Kevin Kiley and urge him to support this bill!

### **CHALLENGES**

### Equal Rights Amendment – ERA

This year marks the 100th anniversary of the introduction of the Equal Rights Amendment which would provide a constitutional guarantee that all men and women are truly equal under the law. One hundred years is too long to wait! Wait a minute, didn't that pass when I was a young woman? The ERA passed both chambers

of Congress in 1972 with two-thirds majority bipartisan support. That was the year I graduated from college and I remember it well. Where were you?

However, the preamble of the amendment included a requirement that three-fourths of the states had to individually ratify the amendment by



Melanie Heckel Public Policy Co-Chair

1982 for it to become law. Unfortunately when 1982 rolled around, we were three states short. Decades later, Nevada and Illinois ratified the ERA, and in 2020 Virginia became the 28th and final state needed.

Multiple paths are being pursued in the current session of Congress to affirm the ERA as the 28th Amendment, and AAUW supports all of them. Two joint house resolutions have been introduced (HJ Res. 25/SJ Res. 4 and HJ Res. 82) to eliminate the arbitrary 1982 deadline. However, Congressman Jim Jordan is holding those resolutions in

committee, rather than voting on them.
Therefore, HJ Res. 25 is a discharge petition filed to demand that the ERA be heard by the full House.

There is some bipartisan support in the House to get the ERA ratified, so this effort is worth pursuing, though it is still a longshot. A total of 218 signatures are needed; AAUW is working hard to get the support of some Republican representatives who might support this effort. Sadly, our Congressman Kevin Kiley is not on that list, but we can still contact him or his office to express our support for the discharge petition and the ERA. DC office: 202 225-2523; Rocklin: 916 724-2575; toll-free 1 888 406-3855. Website https://kiley.house.gov



One example: Indiana's ERA ratification document, signed in 1977.

# Looking Ahead: Nov. Forum & Dec. Project



# How can we help heal divisions in our country and community?



Come to a public forum the Branch is co-sponsoring. featuring Braver Angels, that will to explore how we can communicate in a constructive way.

### WHAT IS THIS ABOUT?

AAUW-NC, the League of Women Voters (LWV), and Business & Professional Women (BPW) are working together to present a public forum with speakers from Braver Angels, a citizen's organization uniting red and blue Americans in a working alliance to depolarize America. Who better to put this together than our three excellent non-partisan women's organizations? This is not just for women, though, as both our presenters are men. We all can benefit in seeing how to better listen to each other, especially when we come from differing perspectives.

### WHEN AND WHERE?

Date/Time: Thursday, November 16, 2023

5:30-8:00 p.m.

Location: TBD

Please ink this date into your calendar! We will put together carpools as necessary for those who cannot or do not like to drive in the dark.

### WHO SHOULD ATTEND?

We would like to see many of our members attend, as well as family, friends and significant others, both male and female.

**Lynn Forbes**, Co-President of the League and active AAUW member, wants this to be a big deal in Western Nevada County!

We hope to attract both Republicans and Democrats, left and right leaning individuals. Braver Angels was established to start healing the political divide in our country. Moreover, skills learned in this form can be applied to all types of interpersonal interactions.

#### WHAT WILL WE LEARN?

The presenters/trainers will be teaching positive ways to communicate by learning to listen, acknowledge, pivot and provide perspective when hearing differing points of view.

We hope to reduce or eliminate the Four Horsemen of Polarizing: stereotyping, dismissing, ridiculing and exhibiting contempt that have recently overtaken our civil discourse.

# Spreading Joy: The Holiday Service Project

Yes, it is still September, but we are ready to For 'spare che launch the 2023 AAUW Holiday Service Project. gift bags with Our members have been generous in the past, treats to be from donating books for youth programs to gifts distributed to for families in need.

This year, we were inspired by a Great Decisions Interest Group conversation focusing on food insecurity. We want to make a difference in our community by offering families and individuals a holiday meal.

We will support our two local food distribution agencies, **Interfaith Food Ministry** and the **Nevada County Food Bank**. For only \$25, members can fund a complete holiday meal for a family of four through the Interfaith Food Ministry.

For 'spare change' we will provide 100 holiday

gift bags with treats to be distributed to home-bound individuals receiving food delivery through the Food Bank.

Come share the joy of a holiday meal or treat this year. Support our Holiday Service



Project by making donations at Branch and/or Interest Group meetings.

Your support makes a difference.

# Teran Baker Heads to UC Santa Cruz

By Rhea Williamson



Teran Marin Baker is one of our High School STEM Scholarship recipients; she is an AP Scholar with Honors and graduated from Nevada Union High School with a 4.0 GPA.

Teran's application major was listed as civil and environmental engineering, but this young woman has a wide range of interests including dance, literature, energy conservation, and gender/sexuality studies. She will be attending her first quarter of college in the fall 2023 at UC Santa Cruz with a major in environmental science.

Teran signs up for

classes on August 14 and moves into her college digs around September 22nd.

"I am planning on taking calculus, chemistry, and a required college class for the first quarter, and we will see where it goes from there.

"I've had a weird summer to say the least. I spent the first half of the summer spending time with my friends at the river and Scotts Flat, as well as trips to Lake Tahoe and Santa Cruz. In mid-July, I had my third knee surgery and have been spending the rest of my summer healing so I can get back to dancing, and I've been seeing friends before we all leave for college! I'm looking forward to the future; very excited!"

### Rebecca Baer Blossoms

### Submitted by Rose Tammi

"I was born and raised in Grass Valley, California, and graduated from Nevada Union High School. I graduated from Cabrillo College with an Associate of Science degree in Basic Horticulture and Crop Production. I have worked in the field of horticulture for many years.

"Upon returning to Grass Valley, I decided to continue my education. After several years of hard work and determination, I will graduate from Sierra College with two additional A.S degrees in biological science and natural science.

"This fall I will be starting the Plant Science program at the University of California, Davis. Once I complete that degree I would like to continue on to a master's of science in



entomology. My hope is to become an agricultural pesticide advisor.

"I currently live in Nevada City and own my own business, Baer's Horticulture Service. When I'm not in school or doing homework, I'm practicing Bikram yoga in the hot room or hiking with friends."

"An investment in knowledge pays the best interest."—Benjamin Franklin

# Tech Trek, Back from Campus & Remembering

## Tech Trek 2023

The 2023 Tech Trek @ UC Davis is history, but the memories and impact live on. Just ask our Nevada County Trekkers when you meet some of them at the September Brunch. They may tell you about the remarkable people they met at camp or their core class, where they spent three hours each morning, Monday – Friday. For Makaela and Brooklyn, that was Anatomy/Physiology; for Aidynn, Astronomy/Space; for Sage and Peyten, Environmental Engineering; for Astrid, Storytelling with Data; and for Lili, Wearable Technology.

Or they may tell you about a field trip taken on the UC Davis campus, perhaps the Veterinary Medicine Teaching Hospital labs, where they learned the proper way to bandage a wounded paw; or the Food Innovation Lab, where they made a food chemistry discovery baking chocolate chip cookies; or the Chemistry department, where they learned about polymers and saw a bit of chemistry magic; or the Mondavi Center for Performing Arts, where they tried their hands at sound mixing and engineering. Or maybe they'll mention the Professional Women's Evening when they had a chance to talk with women in a wide range of STEM-related careers or the SAFE Credit Union "Budget Cents" when they got a taste of budgeting as an adult and realized how grateful they are to their parents. Since the week included many more experiences and happenings, these are just some possibilities of what they might share.

None of this would be feasible without the support of our crackerjack AAUW Nevada County Branch Tech Trek Committee members who are involved in every phase of the Tech Trek experience from the nominations and interviews to the camper selection and the special event recognizing the newly named Trekkers. Since the girls come from different schools, the committee provides opportunities for them to get to know one another a bit prior to camp as well as a post-camp get-together to share their experiences and prepare for the September brunch. While we keep in touch with some of the former Trekkers, we don't have a formal program to do that. In the coming year, we hope to establish a Tech Trek Alumni Group (TTAG).



Martha Rees Camp Co-Director & Tech Trek Coordinator

I want to share bits from the Thank You notes we at AAUW Nevada County Branch received from our seven Trekkers. And, I also want to add my thanks to the incredible NC Tech Trek Committee that is responsible for selecting and supporting the girls from nomination through camp and beyond.



With the help of fellow Tech Trek Committee members, Carole Yettick hosted an ice cream party in June – invitees included the 2023 Trekkers plus former Trekkers who were staff members at the camp.

Makaela (Magnolia): "I've learned so much from the day I got here. Getting the opportunity to learn at this level has been the best thing that has ever happened to me."

**Brooklyn (Seven Hills):** "Thank you so much for sending me to Tech Trek and giving me this opportunity to learn more in STEM and about myself! Through anatomy I've learned so many new things. It's truly an honor being here and I'm incredibly appreciative!"

**Sage (Lyman Gilmore):** "This opportunity has shown me so many career options and significantly increased my interest in STEM. It has been one of the most important experiences of my life."

**Lili (Yuba River Charter):** "I am thankful for these new experiences and meeting women that have blazed the trail in STEM that will make my future easier."

Astrid (Nevada City School of the Arts): "Talking to all of the women in STEM has helped me to start thinking about my future and career paths. This experience has been like no other, and I am forever grateful for being able to come to Tech Trek."

**Aidynn (Union Hill):** "I had so much fun participating in activities, such as Escape from Mad Scientist's Lab, where we had to solve different puzzles to open locks on a box with a map inside ... (that showed) the way to get a key ... that opened the lock holding a dorm mom captive."

**Peyten (Grass Valley Charter):** "I will always be so grateful to be a part of the Tech Trek family. I really want to come back as a JC."

## **Interest Groups**



In addition to our commitment to AAUW Nevada County Branch's mission to advance equity for women and girls through advocacy, education, philanthropy, and research, we provide educational and enrichment opportunities for our members. If you would like to learn more about the Interest Groups, please see the leaders' contact information in the AAUW Membership Directory or contact **Susie Monary-Wilson**, 530-470-9272.

Susie Monary-Wilson, Interest Group Coordinator

### Arts and Crafts — Teri McConnell



Please come join the Arts & Crafts Group to make fun and easy crafts. No experience necessary, just a love of making things. For our first craft of the year, we will be making this cute button bouquet in a saltshaker. This meeting will be held on our regular first **Thursday**,

**September 7th**, at **10:00 AM** at the home of Kris Vasser. In October, personalize your gift giving. Learn to make one-of-a-kind gift bags. .For more information and to RSVP, please contact Kris Vasser or Teri McConnell.

### **Book Discussions**

### Mostly Fiction — Robin Laverty-Reves

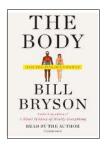


After the summer hiatus, the Mostly Fiction Group will begin the 2023-24 season with a discussion of Demon Copperhead by Barbara Kingsolver during our meeting on Thursday, September 14th, 1:00, at Susie Monary-Wilson's home. This novel was awarded the 2023 Pulitzer Prize. Kingsolver uses the

structure of David Copperfield to give voice to characters from her native Appalachia in a heart-wrenching yet warm and funny focus on modern poverty, the foster system, and the opioid crisis. Nine "mostly fiction" books were selected and scheduled by the participants at our June meeting. We are looking forward to another excellent year of reading and discussion. I recently read that reading fiction provides excellent brain stimulation preventing cognitive decline, another reason to join a book group. If you would like more information about the Mostly Fiction Group, please contact Robin at robinreves@comcast.net.

### Non-Fiction — Diane Kellegrew

Last year Non-Fiction Book Club members reveled in readings about the marvels of animal and insect kingdoms. We start this year with a detailed exploration of another biological wonder – humans. Our September read is *The Body: A Guide for Occupants* by Bill Bryson (2021). This award-winning



author provides the latest information to better understand our bodies.

The Non-Fiction Book Group will meet **Tuesday**, **September 19th** from **1:00pm** to **2:30pm** at Lily's Garden. If you are interested in joining us, kindly RSVP to Diane Kellegrew at diane.kellegrew@gmail.com.

### IDEAS — Lisa Turlo (Inclusion, Diversity & Equity Action Squad)

We will meet on **Wed, September 20th** from **1:00-3:00 PM**, location TBA. Please contact Lisa Turlo at <u>lisaturlo59@gmail.com</u> for more information.



### Writing Group — Deb York

Our writing community at AAUW has been busy over the summer working on our writing projects. Some are writing family histories, while others are working on short stories and novels. If you are interested, we have three different opportunities each month. Write-In (15min share goals, 60-min focused writing, 15 min share progress). You are free to write whatever you want.

Writing critique: Members submit writing for review and critique using our Google Drive prior to the meeting. This is followed by discussion at our monthly meeting. Writing workshops for skill building: Topics are based on member interests, and we rotate leading the workshops. "If you really want to learn something, teach others," and you will surely learn it. We do workshops every other month.



- Write-In: Sept 18th 2:00-3:30, at Deb's house, 11623 Victorian Ct., Nevada City
- Writing critique:-Sept 18th 11:00-1:00, at Deb's house, 11623 Victorian Ct., Nevada City
- Writing Workshop:Sept 26th, 1:00-3:00, Subtext and Dialog practice, at Lisa Turlo's house, 17997 Gamble Lane, Grass Valley

Please contact Deb York if you have questions or would like to join us, 925.216.6140 or <a href="mailto:deborah11623@gmail.com">deborah11623@gmail.com</a>.

### Gardening — Janine Martin



Our first meeting is at Patricia Wolfe's home (11747 Lowhills Rd, Nevada City) for our annual plant exchange on **Thursday, Sept. 28 from 10-12**. Please bring plants, small trees, garden items, seeds, etc., for exchange. I usually bring 2 items. Also please bring snack and/or lunch. Water will be provided. Please RSVP soon if

you are coming. Janine Martin janineandgalen@gmail.com or 530-263-5894

# Gnaw & Jaw — Deb Cubberley & Chris Boykin



What a great first year we had with our Gnaw and Jaw Interest group. We need to know if you would like to rejoin, take a break or join us for the first time.

Deb Cubberley sent

out an email recently to those on our email list and asked who wants to return and requested feedback on how things went. We will have a sign-up sheet at our September AAUW kick-off meeting on September 16. If you are interested in joining a dinner group for couples and singles which meets at each other's homes three or four times a year, please sign the sheet or email either Deb Cubberley or Chris Boykin.

We will need to know if you have any allergies and if you prefer to have a group of 6 or 8. After we have our final count of participants, Deb and Chris will randomly draw names and select 6 or 8 people to form as many dining groups as necessary. Each group will coordinate dinner arrangements throughout the AAUW year.

We will also arrange for our entire group to meet at local restaurants two or three times during the year. Every AAUW branch member is welcome and each of you may bring someone.... a spouse, a significant other, a friend, relative, etc.

OR you may come as a single. No problem. This is not just a couples group! If you are interested in joining this group, please contact either Chris Boykin at <a href="mailto:chrismboykin@gmail.com">chrismboykin@gmail.com</a> or Deb Cubberley <a href="mailto:debcubberley@comcast.net">debcubberley@comcast.net</a>, your G'n J group coleaders.

### Gracious Helpers — Pat Pedersen

Gracious Helpers is a group that provides meals for members who are suffering from a trauma. It might be an injury, death, illness, or surgery for themselves or a spouse or significant other.



We determine the needs of the member, such as dietary necessities, day of delivery and time of the delivery. We use a website called Meal Train, which provides us with a page for the recipient. We deliver easy meals, and most providers make meals themselves. If you can assist us, please contact Pat Pedersen at 530 477 1881 or <a href="mailto:ppedersen76@comcast.net">ppedersen76@comcast.net</a>. She will be happy to explain the process to you.

### Great Decisions — Susie Monary-Wilson

Great Decisions will meet on **Tuesday September 26th from 10 to noon** to discuss Chapter 7, "Iran at a Crossroads" led by Cece Royal and Robin Laverty-Reves. We'll meet at Emmanuel Episcopal Church, 235 South Church Street, Grass Valley, in Bucks Hall. Please contact Susie Monary-Wilson for more information at



### Hiking Group — Mary Menconi

We are fortunate to live in an area with many beautiful places to hike, including trails just a few minutes from downtown Grass Valley and Nevada City. These trails are at their best in the fall, winter, and spring, with gorgeous colors, great vistas, and abundant wildflowers.

The Nevada County AAUW Hiking Group meets the first Wednesday and fourth Monday of each month, year 'round.

monarywilson@msn.com.

In the winter we hike in our local area or at a lower elevation, and in the summer, we usually head for the high country. Trails are chosen by group



members, so we get to enjoy a wide variety of hikes!

If you would like to be on the email list for upcoming hikes or just want to know more, please contact Mary Menconi at <a href="marymenconi@gmail.com">marymenconi@gmail.com</a>



Above: August 2023, Interest Group leaders (past & present who could attend) were hosted to a lunch at the Holbrooke Hotel by Coordinator Susie Monary-Wilson. Below, Summer 2023, the Garden Club enjoyed a tour of a lavender farm, organized by Janine Martin, during the summer.





# Membership & Branch Support

# Yay for us!!!

What a wonderful way to start our year.

Three new members have joined our ranks. Becca Schultz, a retired dentist and a multidisciplinary with degrees also in child development and another in marketing. She is very active in the community offering tax aid and tutoring, and she is a member of the genealogical society. She also likes wood turning and MahJona. No sloucher.

Our second new member is Lynn Wood. Lynn is a Our membership is amazing. It makes me proud retired teacher and is also busy with the American Red Cross, Interfaith Food Ministry and the Welcome Club. Another "doer".

Our third new member is Jo Reiken. Jo registered See you all at the September brunch. through the national website, so we are still

waiting for more information about Jo. She did get a degree in physical therapy and a teaching credential. We also know that even before joining, she has been a contributor to our last two fund raisers and has been involved in Teck Trek camp. Wow.



Deb Cubberley, Membership ÝP

to be associated with such accomplished and, yes, genial, generous and vibrant women. Yay for us!

# **Our Underwriters**

We are alad to acknowledge the businesses and individuals listed here who have generously supported our Branch as individual underwriters.

- Bodacious Blooms Flower Farm Karen Hull
- KNCO News Talk 830
- Allison Rapp
- Nevada Irrigation District
- Sierra Tech Guy David Ball
- SPD Market Ben Painter
- Westamerica Bank Bernadette & Ed Sylvester
- Jennifer L. Wilkerson, Attorney at Law
- Wolf Mountain Spa Dan Wray
- Carol Young

