

The Lodestone

February 2024



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Saturday

February 17

9:30 - 11:30 AM

PEACE LUTHERAN
CHURCH

828 WEST MAIN, GV



Healthcare in Nevada County

Accessibility to high-quality, comprehensive health care is especially critical as we age. Sierra Nevada Memorial



Hospital (entry pictured) plays a central leadership role in ensuring that our local health care delivery system meets the needs of the community.

Sandra Barrington, Executive Director of the Sierra Nevada Memorial Hospital Foundation (SNMHF), will speak about the strengths and challenges of health care delivery in Nevada County. We will learn about the efficacy of newer approaches to patient care, including telemedicine, care triaging, and partnerships with regional providers. We will also hear about SNMHF's approach to Integrative Medicine, which uses an evidence-based approach to treat the whole person – mind, body and soul. Integrative Medicine combines conventional approaches with complementary therapies to achieve optimal health and healing, something we all desire.

[Click here to continue on page 3...](#)

AAUW Mission

The mission of AAUW is to advance gender equity for women and girls through research, education, and advocacy. To that end, the organization encourages its members to actively participate in public discussion to ensure enlightened advocacy on the priorities of AAUW as established by members.

Priorities were adopted in May 2023 and can be found on the AAUW website under AAUW Public Policy Priorities. [AAUW Public Policy Priorities – AAUW: Empowering Women Since 1881.](#)

Deborah York

What an amazing adventure during our recent program, "A Visit with John Muir." Frank Helling gave an outstanding first-person story of the life of John Muir from a young lad in Scotland to the Sierra Nevadas and multiple continent expeditions. The room was packed with members, and guests, spouses and partners. Frank and his wife were hit by a car soon after they arrived in Nevada City. They spent the night in the ER and in the true spirit and grit of John Muir, Frank went on with the show. They returned home to Fresno and have sought medical follow-up care. We thank them and wish he and his wife a full recovery. If you missed the program, watch the video produced by our videographer, Michael West; it will be posted on our website.

Our programs have been quite strong. Many thanks to the people who make this happen: Program VP's (**Karen Hull, Diane Kellegrew, Mari Weaver**); our new Facilities chair **Sue Van Son** and her set-up and take-down teams; **Martha Rees** our AV specialist; **Gretchen Corbin**, Hospitality; our PR team who alert the

community (**Cece Royal, Martha Rees & Bup Greenwood**); our **Program Sponsors; Lisbeth Noel** our book sale manager; and **Karin Quinn**, Ways & Means, who brings T-shirts, tumblers, backpacks and a lovely quilt by Virginia Kingston for raffle at our May program. Thank you for your outstanding service in support of our branch.



President Deb York

We've added over 50 new members since July of 2022. Thanks to **Deb Cubberley**, Membership VP for her outstanding work in supporting new members. Our board is working to expand opportunities for all members to participate in interest groups, core mission activities such as Local Scholarships, Tech Trek, Programs, and our Board of Directors. We hope you will join in and be as active as you wish to be. Please let me know if you have ideas or suggestions for how we can open our arms and include everyone who wants to join us.

My best,
—Deborah



Covid Guidelines

1. We will assume all Branch members are vaccinated and boosted. If you are not, please wear a mask and let Deb York know and we will accommodate.
2. If you are experiencing symptoms associated with Covid 19 (fever, headache, loss of taste/smell, sore throat, cough, muscle/joint aches, shortness of breath, etc.) please stay home from Branch activities.
3. If a close family member has symptoms or has tested positive, and you do not have symptoms, please mask when carpooling or attending indoor meetings.
4. If you have been traveling with increased exposure, please wear a mask for 5 days after returning if you are attending indoor meetings.
5. A meeting host (interest group leaders, committee chairs, etc.) may request participants to test negative prior to attending meeting or wear masks.
6. If you have been exposed to someone who has tested positive (with/without symptoms) please alert meeting host and wear a mask.
7. We will track Nevada County Covid rates and follow all local government and CDC guidelines. We will notify all Branch members of any changes to these guidelines.

EXECUTIVE COMMITTEE

President	Deborah York
Past President	Katherine (Bup) Greenwood
Secretary	Ann Gould
Finance Officers	Jennifer Wilkerson & Peg Flanders
Program Co-VPs	Karen Hull & Diane Kellegrew
Membership VP	Deb Cubberley
AAUW Fund VP	Carol McMillan

APPOINTED OFFICERS

Local Scholarship	Rhea Williamson
Public Policy	Melanie Heckel
DEI Officer	Lisa Turlo
Publicity	Martha Rees
Social Media	Open
Tech Trek	Martha Rees
Ways and Means	Karin Quinn
Communications	Katherine (Bup) Greenwood

STANDING COMMITTEES (NON-BOARD FUNCTIONS)

Lodestone & Website	CeCe Royal
Distribution	Jan Williams
Directory/Database	Bonnie White
Hospitality	Gretchen Corbin
Interest Groups	Susie Monary-Wilson
Friendship	Pat Pedersen
Historian	Margaret Munson & Shirley Zeff
Event Planner	Open
Program Sponsor Dev.	Open
Photography	Martha Rees Bernadette Sylvester Sue Miller

(Continued from page 1)

The SNMHF impacts lives daily by helping the Sierra Nevada Memorial Hospital deliver superior healthcare through outreach programs, education, state-of-the-art technology and facilities by means of philanthropy and volunteerism. Recent accomplishments include the launching of a rural medicine residency program, acquisition of a new 3D mammography machine, and a new neonatal ventilator for the Family Birth Center. They also support an Alzheimer's Outreach Program that assists 3,000 area residents who suffer from Alzheimer's or related dementia.



*Huge thank you to **David Ball**, owner of [Sierra Tech Guy](#) for sponsoring the February program.*

Sandra Barrington is a Certified Fundraising Executive with over 20 years of nonprofit development experience. She has been with SNMH Foundation since 2007 and has been the Executive Director since 2022.



*Sandra Barrington, CFRE
Executive Director
SNMH Foundation since 2007 and has been the
Executive Director since 2022.*

Sandra is a dedicated community member involved in many organizations and has served as past presidents of Sierra Harvest and the Rotary Club of Grass Valley; she is current president of the Nevada City School District Board of Trustees and sits on the Board of the Economic Resource Council. Sandra has one daughter, and they live in Nevada City. You can find them walking to downtown Nevada City, hiking the trails, and snowboarding.

KNCO radio has granted us time to talk up Branch events & meetings and our mission every month. Announcements are at 8:40 AM on the first Wednesday of the month. Have a listen to hear the buzz about the Branch. Thank you, KNCO!



Update

Here we are in February of 2024. Many of us have serious concerns about the upcoming elections, particularly the general election in November. Meanwhile, the AAUW Washington Update assures us that this year AAUW will:

- Continue fighting for all women to achieve economic self-sufficiency through pay equity and paid family leave priorities.
- Advocate for a strengthened Title IX and a strong system of public education that promotes gender fairness, equity and diversity.
- Pursue policies that advance full access to civil rights for a diverse society.

NATIONAL UPDATE - How are we doing?

According to new data from the U.S. Census Bureau's 2022 American Community Study, we still have a long way to go in terms of pay equity. This happens both in fields that are generally male dominated and fields that are female dominated. Despite women's educational gains over the past several decades, men with a bachelor's degree or higher continue to earn more than women with the same education in all fields. For example, in electrical engineering, women earn 85% of what men were paid (\$123,300 vs. \$105,200). In 2022, women held 90% of elementary education degrees and were still paid 84 % of what men were paid, working in the same field with the same education (\$54,070 vs. \$64,380).

AAUW is addressing many of the causes of these inequities, including fighting to expand paid leave, access to affordable childcare, and elder care. AAUW STEM programs like Tech Trek and AAUW Fund fellowships and grants help make higher education and career opportunities more accessible to women.

What Can You Do?

1. Contact Congressman Kevin Kiley and U.S. Senators Alex Padilla and Laphonza Butler, urging them to support the Healthy Families Act (HR 3409/S 1664) that would allow employees the right to earn paid sick days. Workers could use these sick days for their own medical needs; to provide care for a sick family member; or to recover from or seek assistance related to an incident of domestic violence, stalking or sexual

assault. For women, who most often act as primary caregivers, the inability to earn paid sick days can have particularly devastating consequences. Caring for a sick child should not mean risking your job, and maintaining your family's economic security shouldn't come at the cost of your own health.



Melanie Heckel
Public Policy Chair

2. Continue contributing to Tech Trek, AAUW Fund, and our Local Scholarship programs. We are having a big impact here in Nevada County and across California and the country, making STEM education available to women and girls, giving them greater career opportunities.

3. **VOTE WISELY**. We are getting very close to the March primaries. Be sure to learn about all the candidates and find those that align with AAUW priorities. Then, make sure you vote and encourage others to do so!



CALIFORNIA UPDATE

Members of the AAUW California Public Policy School Board Project are concerned about groups advocating book-banning, curriculum censorship and policies that negatively impact the lives of LGBTQ+ students in the name of "Parents' Rights." The House recently passed H.R. 5, the "Parents Bill of Rights Act." It is pending in the U.S. Senate. According to the National Education Association (NEA), H.R. 5 "ignores the breadth of parental engagement" that already exists, "disregards educator experience and expertise" and "inserts the government into local decisions." AAUW California advocates for a diverse curriculum in our schools, as well as protection of all forms of gender identity and expression.

What is AAUW Nevada County Doing? Stay Tuned

At our November General Meeting in 2022, we sponsored a DEI (Diversity, Equity and Inclusion) program with an excellent student panel. It was definitely one of our best programs last year (2022-2023). For our March meeting, we will be presenting another student panel. The program will expand and build on last year's discussion to include LGBTQ+ youth in Nevada County.



Frank Helling with Kim White, Attorney at Law, who sponsored the Branch program



In an hour-long monologue, Frank Helling brought the experiences, thoughts, and accomplishments of John Muir to life.

As John Muir, Helling recounted an early childhood in Scotland, a relocation as still a child to the US, a growing love of nature and its beauty, a knack for invention and memory, an enduring marriage and many important friendships along the way, Teddy Roosevelt among them. Muir hiked extensively throughout the US and traveled the world.

He played an important role in preserving wilderness areas and was the founding president of Sierra Club. His death in Los Angeles marked the end of a remarkable journey, documented in a final note. Complete with Scottish accent and period clothing, Mr. Helling delighted the audience with a heartfelt John Muir impersonation.



The meeting was well attended, as has become the norm, due to excellent programs like this one.



A Note from Rhea



Rhea Williamson
Local Scholarship Chair

Happy New Year and guess what? It is the beginning of a new year for the Local Scholarship Committee's Reading Teams as well; a time ahead for receiving, evaluating, selecting, announcing, and celebrating awards to new recipients of our five options of giving! As many of you already know, we currently offer

scholarship funding in five categories; the High School STEM, Sierra College STEM, Re-entry, High School CLEO, and the High School to Community College (formerly the Ann Shulse High School) awards. Hot News!!! In 2024, the AAUW Nevada County Branch Local Scholarship Committee (LSC) is poised to award a minimum of \$68,000 to women of all ages who are entering their educational path whether as a high school graduate or re-entry student. This is a substantial

increase relative to 2022 (\$48,000) and 2023 (\$25,500). It is the incredible giving and support of each and every one of you that makes this possible, be it via your cooking skills, direct work with scholarships, communications skills, talking to your friends and family, or attending fundraising events. Thank you.

SAVE THE DATES or READ THE MEETING MINUTES: The LSC Leadership Team met on January 24, 2024, followed by a Full Team meeting on January 29, 2024, to review our finances, procedures, goals and achievements, update team lists and hold an open topic Q&A session. We will cover a lot of ground as always and report back to you on our decisions, plans, and goals in the next *Lodestone*. Please note: Everyone is so engaged and excited, supportive and collaborative...it is a fantastic team! And it is a growing team: a warm welcome to Joan Naszady, Amanda Welvaert, and Wendy Wilkinson! Come join us!

All for now. Be safe, stay healthy, and do what you love,

—Rhea

American Association of University Women - Nevada County Branch Fundraiser

Save the Date!

Saturday

April 27, 2024

5:00 - 8:00 PM



Fund the Future - Come and Have a Blooming Grand Time!

Catered Buffet Dinner, Drinks, Live Music
Home of Karen and Maury Hull (pictured above)

North Auburn, CA

(30 min from Grass Valley, with carpools)

Tickets: \$75/person
More info: Next *Lodestones*
Tickets will be available:
nevadacounty-ca.aauw.net



Hannah Peltier Thrives at CSU Sacramento *by Franny Erickson*

Hannah is one of our Cleo Scholarship recipients. She is someone who has worked long and hard to be a college student. In the 7th grade she was thinking about college and connected it with escaping the way her family lived. She told herself that if she made it to college she wouldn't be like them. She equated going to college with having a career and with the happiness of escaping her childhood. Despite all obstacles, of which she has had more than her fair share, she has achieved her dream.

She graduated last year from Bear River High School and is now going to CSU Sacramento majoring in business. Her initial goal was to get an advanced degree in Library Science, but now she has found herself leaning toward the field of human resources (HR) in business. The transition from high school to college has been seamless for her. Her grades have

been A's and B's and she has a part-time job. When we met for lunch over the holiday, she said, "I love life."

Hannah is a delight to know. She has maintained a positive outlook on life and is so thoughtful and kind to others. It's truly a joy to see such a hard-working and dedicated young woman bloom in the college setting.



Amelia Glaz: Involved and Learning *By Ann Shulse*

Amelia Glaz is attending Sierra College (SC) this year and is our first "High School to Community College" recipient, aka the Ann Shulse Scholarship.

She chose to live at home and take general ed classes at Sierra to save money before transferring to a four-year college to major in civil engineering.

Amelia's first semester at SC was initially challenging because she had much more homework than at Nevada Union. But adjusting her sails, she dug in and got all A's! She took History of Graphic Design and Intro to Web Design online. On campus she was the only female in the Calculus 1 class of four. Although she doesn't particularly like English as a subject, she actually benefited from and enjoyed the class where she honed her research skills and wrote three relevant essays.

The first essay looked at the value of making paradigm shifts as a way to success. She explored the benefit of shifting from a self-centered, judgmental paradigm of solipsism to a more inclusive mindset of siderism which invites deeper connections with people. Her second essay focused on "What an Aspiring Civil Engineer Needs to Know," where she explored the technical and software hard skills she will need as well as the soft skills of accountability, communication, and critical thinking. In essay three she explored a problem and its solution related to her career choice. She looked at the problems of tree-planting projects which attempt to mitigate the devastation of deforestation, which is creating

immense amounts of carbon dioxide polluting the earth's atmosphere.

Second semester will find Amelia taking Calc 2 and Chicano studies in person at the Rocklin campus; online she'll take Communications and Health classes. Because she plays saxophone, she hopes to join the Jazz Ensemble at SC. She will be tutoring Calc 1 students for a little income and will also participate in a school gardening project that makes its produce available to students.

In her spare time (ha!) she loves to go skiing with friends and alter/embellish thrift store finds with various appliques. Amelia is a happy and involved young woman who loves to learn. She looks forward to moving to San Diego next year where she will attend Palomar Community College and live with two friends.



Tech Trek is Busy



Martha Rees
Tech Trek Chair

2024 is off to a busy start for the Nevada County Tech Trek Committee members. We kicked it off with the first Tech Trek Alum "Homecoming" on January 4th, which drew some 14 former Trekkers, including those just home for the holidays. The "oldest"

alum at the event, Caroline Voorhees, attended Tech Trek in 2012, was a junior counselor in 2015, and is now a teacher in Humboldt County. The reunion was very special – seeing girls who are now college students as well as the younger girls reconnect. Our hope is to plan more Tech Trek Alum get-togethers, both in person and virtual this year.

In other news, Nevada County 7th grade science, math, and technology teachers began nominating their candidates for the 2024 Tech Trek @ UC Davis, with a February 1st deadline for all nominations. Each school is limited to four nominees, like last year. The student application/essay process will be online, and

we'll hold in-person interviews as we have in the past. Our goal is to select our 2024 Trekkers and alternates by the end of March. Our 2023 Tech Trek Recognition Event will be on May 7th at the Nevada County Superintendent of Schools office.



We will be sending six girls this year, the most any branch can send to the UC Davis camp, which will be held July 14-20th. Good news is we are also the first on the wait list if any openings become available. Fingers crossed!!

Per-camper cost for the UC Davis camp has gone up to \$1100, from the previous \$1000. Thanks to our generous members and community donors, we are able to cover the increase. We'll keep you posted. And, in the meantime, please shout if you would like to be part of the Nevada County Tech Trek Committee. Also, help is always needed at camp – as dorm mom or other volunteer opportunities. Interested or have questions? Please contact Martha (mjkrees@yahoo.com)

Trekker Alumnae at the first of many anticipated meetings.



In addition to our commitment to AAUW Nevada County Branch's mission to advance equity for women and girls through advocacy, education, philanthropy, and research, we provide educational and enrichment opportunities for our members. If you would like to learn more about the Interest Groups, please see the leaders' contact information in the AAUW Membership Directory or contact **Susie Monary-Wilson**, 530-470-9272.



*Susie Monary-Wilson,
Interest Group Coordinator*

Arts and Crafts — Teri Mc Connell



Join us in February to learn the art of collage. Collage is defined as creating a piece of art by combining various materials such as photographs and pieces of paper or fabric on to a backing. Kate Dumont, who has been making collages for many years and whose collages have been published will be guiding us in creating our own pieces of art.

This will be held on **February 1st** at

10:00 AM at the home of Teri McConnell. If you would like to attend and for a list of supplies needed, contact Kate Dumont or Teri McConnell.

In March we will be creating a beautiful clay tile which can be used as a trivet. This will be held on **March 7th** at **10:00 AM** at the Artists' Studio in the Foothills (ASIF). 940 Idaho Maryland Rd., GV.



Contact Bup Greenwood if you are interested.

Garden Group — Janine Martin



The Garden Group will be meeting on **Thursday, February 22nd** from **10-12** at Kris Vassar's home in Morgan Ranch. Kris is a Master Gardener and will give us information about pruning. We will meet rain or shine, so please bring your loppers and/or hand clippers.

She will also help us with sharpening our gardening tools. We can meet in her garage if raining.

Please contact me to let me know you will be attending.

Janine Martin, Garden Group Coordinator

janineandgalen@gmail.com or 530 2635894.



Painting garden rocks in January

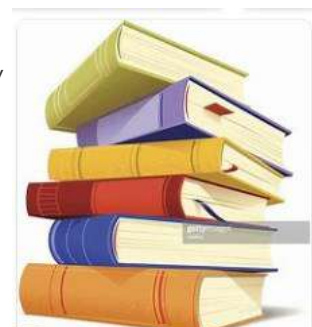
Book Discussions

Mostly Fiction —

Robin Laverty-Reves

The Mostly Fiction Book Group will meet on Thursday, **February 8th** at **1:00** to discuss *Trust* by Hernan Diaz. This 2023 Pulitzer Prize Winner in Fiction will surely generate a great discussion about money and capitalism. Interested book members will receive a detailed email with RSVP information. If you would like more information about the Mostly Fiction Book Group, please contact Robin Laverty-Reves at lavertyreves@gmail.com.

I would like to thank Susan Frater for reviewing *The Covenant of Water* by Abraham Verghese, published in the January *Lodestone*. Members of the two book groups write reviews in alternating months. Last month's *Lodestone* advertisement seeking interest in an evening book group elicited a small number of branch members who held a planning meeting in January for the new book group. If other branch members are interested, please contact me.



Non-Fiction —

Diane Kellegrew

On January 17, 1996, California witnessed the power of earthquakes once again with the Northridge quake. Many of us remember this catastrophic event. In February, the Non-Fiction Book Group will examine the geological, political, and societal impact of quakes through the lens of the 1906 San Francisco quake. Our next read, *A Crack at the Edge of the World: America and the Great California Earthquake of 1906*, was written by Simon Winchester, an Oxford-trained geologist. According to Publishers Weekly, Winchester casts doubt on the very notion of solid ground and invites the reader to ponder the planet they live on, from both inside and out. Join us on **February 20th** from **1:00 PM to 3:00 PM** with our host and discussion leader, Carol McMillan. If you are interested in attending or want more information, please email Diane Kellegrew (diane.kellegrew@gmail.com) for more details.

Gnaw and Jaw — Deb Cubberley & Chris Boykin



Groups are now busy scheduling their next dinner meeting. If you feel that you missed the opportunity to sign up, it is never too late; just contact either Chris Boykin chrismboykin@gmail.com or Deb Cubberley debcbubberley@comcast.net, your GnJ group co-leaders.

Please know that (1) spouses, significant others, or just a plus-one are welcome and (2) you are also encouraged to come as a single if you prefer. Cheers to a gastronomic 2024!

Gracious Helpers — Pat Pedersen



Gracious Helpers is a group that provides meals for members who are suffering from a trauma. It might be an injury, death, or surgery for themselves, a spouse, or significant other. We determine the needs of the member, such as dietary necessities, day of

delivery and time of the delivery. We use a website called Meal Train which provides us with a page for the recipient. We deliver easy meals, and most providers make meals that they often make for themselves. If you can assist us, please contact Pat Pedersen at 530 477 1881 or ppedersen76@comcast.net. She will be happy to explain the process to you.

Great Decisions — Susie Monary-Wilson



Great Decisions will be discussing Chapter 5, "NATO's Future," on **Tuesday February 27th**, led by Carol McMillan. We'll meet from **10 to noon** at Emmanuel Episcopal Church, 235 South Church Street, Grass Valley in Bucks Hall. Please contact Susie Monary-Wilson for more information at

monarywilson@msn.com.

Hiking Group — Mary Menconi

Our January 15 hike was the Quarry Trail, in the Auburn State Recreation Area. Along with enjoying a sunny, warm day and beautiful views of the American River, geologist Gail Bakker explained the dramatic limestone cliffs and other rock formations of the area.



On February 5 from 2

-4 we are getting together indoors to plan future hikes. If you would like to come, please

contact Mary: marymenconi@gmail.com. Due to space considerations we have to limit the gathering to 20 people, so RSVP right away if you are interested.

Our next hike will be **Wednesday, February 7**. We hike the **first Wednesday** and **third Monday** of each month. Hiking locations are decided by the leader and are announced via email about one week in advance.

Writing Group — Deb York

Our Writing Critique group will meet **Monday, Feb 12th, 10:00-12:00**, at the Madelyn Helling Library, Nevada City.

The Write-In will be on **Tuesday Feb 20th, 2:00-3:30** at the Madelyn Helling Library in Nevada City.

Please contact Deb York if you're interested in joining us. Text/call 925.216.6140.



Writing Group meeting at the Madelyn Helling Library



Some January Interest Group activities, from top-down: Arts & Crafts, Hiking, Gnaw & Jaw, and Great Decisions

Lela Rhoades, Pit River Woman

Autobiography, as told to Molly Curtis

If you would like to know more about the Native experience here in northern California, including how the White settlers and Natives interacted, this is a good place to start. Born in the 1880s near Burney, CA, Lela was a member of the Achumawi tribe, commonly called Pit River. In this autobiography, recorded and written down by Molly Curtis in the early 1970s (but not published for decades), Lela tells not only her own life story, but information passed down from her parents and grandparents, who had some of the first interactions with White settlers.

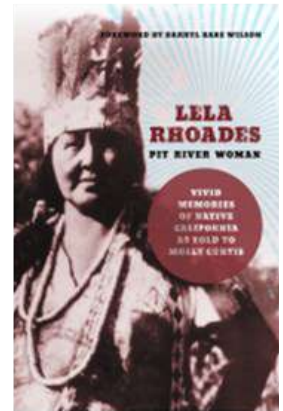
This is a little window on the history we weren't taught in school, the history that many still would like to keep from being taught in our schools. Since this area was north of Gold Rush country, the encounters came a little later and were much tamer than what happened here in the Sierra foothills, where Native peoples were considered obstacles to gold access, and were eliminated by any means possible.

Nevertheless, Lela's people were forcefully removed from their homeland also. Eventually, some of the people came back to live in their traditional area. Lela's father fought to get her into the little school the settlers had. When she started school, she didn't speak any English, and had no idea what was expected and why she was being punished.

In spite of injustice and hard times, Lela Rhoades tells her story with matter-of-fact honesty and humor. You will chuckle at many of her comments. It's eye-opening to hear the Native perspective and what they thought of the settlers' ways. Today, the Pit River tribe (Achumawi and Atsugewi), located in the Northeastern corner of California, has active programs for youth and for bringing back their language.

This book just recently became unavailable as a paperback, but it's still on Kindle at this writing.

—Submitted by *Karen Anderson*



Please Welcome New Members

Members just keep rolling in. At our January general meeting we added three new members—well, one is a returning member.

Paula Stephan has re-joined after a short hiatus.

One new member is **Norema Strongin**, a retired attorney. Norema has indicated that she is considering several of our interest groups.

Our other new member is **Melissa Fowlkes**, a former elementary school teacher. Melissa is very active in a



variety of activities and works part time for State Parks.

Maureen Mitchell, a member of one year, has decided not to renew her membership, so she asks to be removed from all lists.



*Deb Cubberley
Membership VP*

Please keep spreading the word. Most of our new members say that they heard about us through friends.



Saturday, January 27, new members were welcomed to the Branch with a special gathering organized by Membership VP Deb Cubberley and held at Susie Monary-Wilson's home.

Program Sponsors

These businesses and individuals have generously donated toward the support of our Branch. We are happy to thank them and acknowledge their support.

- Bodacious Blooms Flower Farm,
Karen Hull
- KNCO News Talk 830
- Nevada Irrigation District (NID)
- Allison Rapp
- Sierra Tech Guy
David Ball
- Westamerica Bank
Bernadette & Ed Sylvester
- Wolf Mountain Spa
Dan Wray
- Kim White, Attorney at Law



Ways & Means



Karin Quinn
Ways & Means Chair

What is it about a new year that inspires us to change, expand our horizons, hope for more peace and joy in the world? Maybe it's the idea of new beginnings. And perhaps new beginnings, in my mind right now, means welcoming all our new members and telling them that Ways and Means has some great [branded merchandise for sale](#). All profits help support our wonderful AAUW programs, various administrative costs, advertising, etc.

We have custom T-shirts (in many colors & fabric), lightweight day

packs (great for travel), tumblers (eliminate plastic!), aprons (will hide a multitude of...) and more!



Starting this January we are raffling off a beautiful, hand-made queen-sized quilt (a generous donation from Bup's stepmother, Virginia Kingston). Tickets are \$5 each or 5 for \$20. Try your luck!

Remember, new beginnings. Check this out and all other good stuff at our monthly program meetings. Drawing for the quilt will be in May.

